Highlighted units are for future development -

COURSE INTRODUCTION:

Course Description: Child Development I is an introductory course designed for all students and is especially relevant for students interested in careers that utilize knowledge of children, child development, and the nurturing of children. Course content addresses issues of child development from conception/prenatal though age 3. It includes the study of prenatal development and birth; growth and development of children; child care giving and nurturing; and support systems for parents and caregivers. This course provides the foundation for continuing and post-secondary education in all career areas related to children, child development, and nurturing of children. It is a prerequisite to Child Development II.

Course Rationale:

To improve the quality of life for Missouri's children, performance competencies in the Child Development I course taught in Family and Consumer Sciences Education programs enable students to:

- construct meaning pertinent to the development, guidance and supervision and supervision of the child;
- b) communicate effectively with family members, and early childhood providers;
- c) solve problems based upon the developmental needs of children;
- d) make decisions that support the sound physical, mental and social development of children; and
- e) assess the impact of the parenting role in society.

Guiding Principles:

Integrating Processes of Thinking, Communication, Leadership, and Management In Order To Apply Child Development Knowledge and Skills.

- 1. Demonstrate components of critical thinking, creative thinking, and reasoning.
- 2. Evaluate effective communication processes in school, family, career, and community settings.
- 3. Demonstrate leadership that encourages participation and respect for the ideas, perspectives, and contributions of group members.
- 4. Apply management, decision-making, and problem solving processes to accomplish tasks and fulfill responsibilities.
- 5. Examine the interrelationships among thinking, communication, leadership, and management processes to address family, community, and workplace issues.
- 6. Demonstrate fundamentals to college and career success (e.g., strong work ethic, time-management, positive attitude, adaptability/flexibility, stress resilience, accountability, self-discipline, resourcefulness, cooperation, self-assessment).
- 7. Utilize FCCLA programs and activities to facilitate the growth and development of young children.

Course Essential Questions:

- 1. What are the roles and responsibilities of a parent in assuring the positive development of a child?
- 2. What is the impact of the parenting role on society?
- 3. What are the roles and responsibilities of society in nurturing children?
- 4. How do the physical, social, emotional and cognitive stages of development impact a child throughout their life span?

UNIT 1 - EXAMINING PARENTHOOD:

UNIT DESCRIPTION: Students will examine personal qualities for parenthood, aspects to consider, and family life issues through classroom discussions, interpersonal activities, interviews, multi-media presentation, and research projects.

ESSENTIAL QUESTION:

- 1. What does it mean to be a parent?
- 2. How does being a parent change a person's life?
- 3. What are the differences between the myths and realities of parenthood?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Examine the reasons why people want to become parents.
- 2. Analyze implications of alternatives to biological parenthood and factors to consider at various
- 3. Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.
- 4. Explain factors and choices related to parenting in various cultures.

UNIT 2 - ANALYZING THE ROLES AND RESPONSIBILITIES OF PARENTING

UNIT DESCRIPTION: Students will explore traditional family life stages and the moral, legal, and ethical responsibilities of parents.

ESSENTIAL QUESTIONS:

1. How are societal expectations, moral standards, culture and traditions conveyed to children?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Explain changes and adaptations needed for balancing parenting roles and a career across the lifespan.
- 2. Identify the legal, moral, and ethical responsibilities of parents.
- 3. Discuss various ways an individual can make a difference in the development of young children.
- 4. Examine the role of the family unit in conveying societal expectations, moral standards, culture and traditions.

UNIT 3 – EXAMINING PRE-NATAL DEVELOPMENT CONCERNS

UNIT DESCRIPTION: In this unit students will explore health concerns and needs before and during pregnancy.

ESSENTIAL QUESTIONS:

- 1. Why is preconception health important for both males and females?
- 2. What does a healthy pregnancy look like?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

1. Explain the importance of a healthy preconception period for males and females.

- 2. Understand environmental and hereditary influences on prenatal development and long-term effects on health of children.
- 3. Identify the characteristics of a healthy prenatal period, including environmental factors and appropriate prenatal tests used to determine the health of mother and fetus.
- 4. Describe fetal development during pregnancy.
- 5. Explain the process of labor and delivery.

UNIT 4 - EXPLAINING DEVELOPMENTAL STAGES

UNIT DESCRIPTION: Students will learn the social, emotional, cognitive, moral and physical areas of development of children.

ESSENTIAL QUESTIONS:

- 1. How does a child develop physically, socially, emotionally, and cognitively?
- 2. How is a child's development influenced by social, economic, and technological factors in their environment?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Describe the areas of development.
- 2. Research infant developmental milestones using the lens of the five areas of development.
- 3. Research toddler developmental milestones using the lens of the five areas of development. 4.
- 4. Research preschooler developmental milestones using the lens of the five areas of development.
- 5. Analyze the social, economic and technological factors that affect individual growth and development.

UNIT 5 - DISTINGUISHING HEALTH AND SAFETY CONCERNS

UNIT DESCRIPTION: This unit will address elements that contribute to a child's health and well-being.

ESSENTIAL QUESTIONS:

- 1. What are the elements that contribute to the health and well-being of a child?
- 2. How can these elements promote a child's health and well-being?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Describe the qualities of a safe environment for a child.
- 2. Develop procedures for maintaining safety for a child.
- 3. Describe the qualities of a healthy environment for a child.
- 4. Identify current health issues that affect a child's development (i.e. immunizations, over the counter drugs, technology, obesity, safety regulations).

UNIT 6 - IDENTIFYING CHILD ABUSE AND NEGLECT

UNIT DESCRIPTION: During this unit students will learn about the types and signs of child abuse, how to use available resources to report child abuse and what prevention methods are in practice.

ESSENTIAL QUESTIONS:

- 1. What is child abuse and neglect?
- 2. What are the impacts of child abuse and neglect on children and families?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Define the types of child abuse and neglect.
- 2. Describe signs of abuse and neglect.
- 3. Assess the effects of abuse and neglect on children and families.
- 4. Research methods to prevention child abuse.
- 5. Identify procedures to report child abuse and neglect.
- 6. Identify resources available for abused and neglected children and families.

UNIT 7 - INVESTIGATING CHILD CARE OPTIONS

UNIT DESCRIPTION: Students will explore child care options and identify what makes a quality child care program.

ESSENTIAL QUESTIONS:

1. What elements should be investigated when evaluating child care options?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Determine the benefits of quality child care based on research.
- 2. Identify the criteria for quality child care that is supported by research.
- 3. Compare and evaluate the cost and features of available child care options in the community.

UNIT 8 - ASSUMING LEADERSHIP ROLES AS RESPONSIBLE FAMILY MEMBERS AND CITIZENS

ESSENTIAL QUESTIONS:

1. What leadership qualities and skills are necessary for an individual to become a responsible leader in their family and community?

ESSENTIAL MEASURABLE LEARNING OBJECTIVES

- 1. Research qualities and skills necessary to assume leadership roles and become a responsible family member and citizen.
- 2. Utilize FCCLA programs and activities to facilitate the growth and development of young children (e.g. Focus on Children, Chapter Service, Chapter Showcase).