

Student Exercise

Complete the following short-answer questions.

1. List four considerations in preparing the client for a meal.
 - a.
 - b.
 - c.
 - d.
2. List two considerations in preparing and serving meals.
 - a.
 - b.
3. List four things an aide can do to assist the client to eat.
 - a.
 - b.
 - c.
 - d.
4. Identify four key points in feeding the client.
 - a.
 - b.
 - c.
 - d.
5. What are four things you should do after a client has finished a meal?
 - a.
 - b.
 - c.
 - d.

6. Describe how you could tell the client who is visually impaired where his food is located.

7. List three assistive devices that may help the client to be more independent at meal times.
 - a.
 - b.
 - c.

8. Why are liquids and solids alternated during the meal?

Circle the letter of the correct answer.

9. When feeding a client, the nurse assistant prevents a client from choking by____.
 - a. cutting food in large pieces that are convenient
 - b. providing food quickly to avoid cooling and gagging
 - c. ensuring that the client's dentures are in his/her mouth
 - d. establishing a time limit for chewing and swallowing the food

10. When a client is receiving an intravenous feeding, the aide should observe and report the client's complaint of____.
 - a. fatigue
 - b. pain at the site
 - c. dry skin
 - d. thirst