

Student Exercise

Complete the following short-answer questions.

1. List three reasons for providing restorative care.
 - a.
 - b.
 - c.
2. List the three goals of restorative care.
 - a.
 - b.
 - c.

Circle the letter that corresponds to the correct answer.

3. Which of the following are complications that can develop due to immobility?
 - a. Contractures, blood clots, pressure sores, or constipation
 - b. Contractures, diarrhea, pressure sores, or constipation
 - c. Pressure sores, blood clots, diaphoresis, or constipation
 - d. Halitosis, blood clots, pressure sores, or constipation
4. Which of the following is correct regarding positioning of the client in bed?
 - a. The trunk of the body should be bent; change position at least every two hours.
 - b. The trunk of the body should be straight; change position at least every two hours.
 - c. The trunk of the body should be bent; change position at least every four hours.
 - d. The trunk of the body should be straight; change position at least every four hours.
5. Which of the following promotes the goals of restorative care?
 - a. Emphasizing the client's disabilities, not abilities.
 - b. Praising the client when he has accomplished a task.
 - c. Brushing the client's teeth to get the activity done quickly.
 - d. Encouraging the client to depend on the In-Home Aide for all personal needs.