

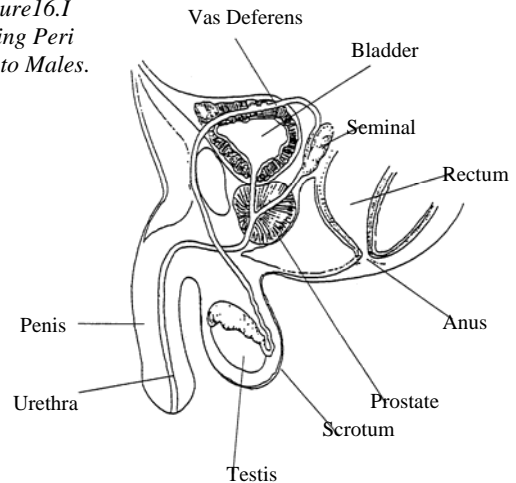
Chapter 16

PERINEAL CARE

PROCEDURE FOR GIVING PERI CARE TO THE MALE CLIENT:

1. Gather necessary equipment.
2. Wash your hands. Put on gloves.
3. Explain what you are going to do.
4. Provide privacy.
5. Client should be in back-lying or side-lying position; place towel or bedpan under hips.
6. Fill basin with warm water.
7. Cover client with a towel or sheet.
8. Expose perineal area. Using a circular motion, gently wash the penis by lifting it and cleaning from the tip downward. Rinse and dry. (Figure 16.1)
9. Wash and rinse the scrotum.
10. Wash and rinse other skin areas between the legs.
11. Wash and rinse the anal area.
12. Pat the peri area dry.
13. May apply a light dusting of powder under scrotum to prevent rubbing on skin (optional) as per service plan.

*Figure 16.1
Giving Peri
Care to Males.*



CAUTION: AVOID SHAKING POWDER OVER THE CLIENT BECAUSE IT MAY CAUSE RESPIRATORY IRRITATION FOR THE CLIENT AND/OR IN-HOME AIDE.

14. Remove towel or sheet.
15. Remove and dispose of gloves.
16. Remove, clean, and store equipment.
17. Wash hands.
18. Make the client comfortable.
19. Record observations and report anything unusual to nurse/supervisor.