

## Chapter 22

### ELIMINATION OF URINE

#### PROCEDURE FOR URETEROSTOMY CARE (UNCOMPLICATED ESTABLISHED URETEROSTOMY)

1. Gather equipment - gloves, towel or bath blanket, towel or bed protector, clean ureterostomy pouch, disposable wipes, skin barrier paste if used, scissors if needed, washcloth, basin of warm water, soap, and plastic bag.
2. Provide privacy.
3. Explain what you are going to do.
4. Wash your hands and put on gloves.
5. Fold back bed linens and cover the client with a towel or bath blanket.
6. Place a towel or bed protector under the client and expose the stoma site.
7. Gently remove the ureterostomy bag by pushing the skin away from the flange.
8. Disconnect the tubing and gravity bag if attached.
9. Discard the used ureterostomy bag in a plastic bag.
10. Wipe any continual drainage from around the stoma with disposable wipes and discard the wipes in the plastic bag.
11. Cleanse the skin around the stoma with mild soap and warm water. Rinse and pat the area dry.
12. Observe the skin around the stoma for any redness, irritation or open areas in the skin.
13. If not using a precut flange, measure the stoma and cut the flange 1/8" larger than the stoma measurement with a scissors.
14. If used, apply skin barrier paste around the stoma and spread with a wet, gloved finger.
15. Remove paper backing from adhesive area on clean ureterostomy bag. Center the bag over the stoma and apply.
16. Press the adhesive firmly around the stoma to form a secure, wrinkle-free seal.
17. Attach ureterostomy appliance to tubing and gravity bag if client desires.

18. Remove gloves and wash hands.
19. Make client comfortable.
20. Report any unusual findings the supervisor/nurse.