

Name: \_\_\_\_\_

## Career and Family Leadership

### Course Rationale:

To assist Missouri citizens in preparing for success in family, career and community life, performance competencies in the Career and Family Leadership course taught in Family and Consumer Sciences Education programs enable students to:

- a) promote personal growth and leadership development;
- b) explore work, jobs, and careers related to family and consumer sciences and human services;
- c) solve problems impacting the work of the family; and
- d) make decisions that support and strengthen the integration of multiple roles/responsibilities of individuals, family, career and community.

### Directions:

Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

### Rating Scale:

- 3 Mastered** – can work independently with no supervision
- 2 Requires Supervision** – can perform job completely with limited supervision
- 1 Not Mastered** – requires instruction and close supervision
- N No Exposure** – no experience or knowledge in this area

3	2	1	N	<b>A. Assuming Leadership Roles as Responsible Family Members and Citizens</b>	<b>Notes:</b>
				1. Explain the significance of family and consumer sciences	
				2. Explore FCCLA benefits, opportunities and purposes	
				Other:	

3	2	1	N	<b>B. Establish a Positive Self Concept</b>	<b>Notes:</b>
				1. Analyze personal characteristics	
				2. Demonstrate positive character traits	
				3. Investigate areas for personal growth	
				4. Differentiate between needs and wants	
				5. Evaluate personal goals	
				6. Practice decision-making	
				7. Apply leadership skills	
				8. Utilize FCCLA programs to promote personal growth and leadership development	
				Other:	

3	2	1	N	C. Practicing Positive Interpersonal Skills	Notes:
				1. Analyze qualities of positive relationships	
				2. Practice effective communication techniques	
				3. Develop team building skills	
				4. Demonstrate responsibility	
				5. Utilize problem-solving skills	
				6. Utilize FCCLA programs to develop positive interpersonal communication	
				Other:	

3	2	1	N	D. Analyze the Work of the Family	Notes:
				1. Investigate the work of the family	
				2. Analyze the impact of family systems	
				3. Analyze the changing roles of family members	
				4. Examine the significance of the family	
				5. Solve problems related to Family and Consumer Resource Management	
				6. Solve problems related to Nutrition and Wellness	
				7. Solve problems related to Family and Human Development	
				8. Analyze the impact of family on career choices	
				9. Utilize FCCLA programs to explore leadership related to families	
				Other:	

3	2	1	N	E. Exploring Work, Jobs and Careers	Notes:
				1. Examine workplace policies (i.e., leaves, dress codes, use of technology)	
				2. Examine work ethics	
				3. Demonstrate appropriate work attitudes and behaviors	
				4. Compare the impact of career choices on family life	
				5. Develop a plan for achieving career goals	
				6. Utilize FCCLA programs to explore leadership related to work and careers	
				Other:	

3	2	1	N	<b>F. Exploring Community Roles and Responsibilities</b>	<b>Notes:</b>
				1. Identify recurring community concerns impacting families	
				2. Identify societal goals	
				3. Examine the impact of public policy on families	
				4. Investigate resources supporting families	
				5. Develop a plan for community involvement	
				6. Utilize FCCLA programs to explore leadership related to community	
				Other:	

3	2	1	N	<b>G. Integrating Multiple Roles and Responsibilities of Individuals, Family, Career and Community</b>	<b>Notes:</b>
				1. Analyze the significance of integrating multiple roles	
				2. Examine the impact of social, economic and technological change on work and family	
				3. Examine the need to address diversity in society	
				4. Utilize FCCLA programs to prepare for multiple roles	
				Other:	