

Discovering Family and Consumer Sciences (CIP; 20.0105)

Cross-reference to Show-Me Standards (main report)

Measurable Learner Objective and Task Statement	Show Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comps	Employment Comps	Ohio Comps	Comp Guidance Standards
Rationale: To assist Missouri citizens in preparing for success in family and career life, competencies in the Discovering Family and Consumer Sciences course taught in Family and Consumer Sciences Education programs enable students to: construct meaning and acquire skills related to self development, individual and family relationships, resource management, and nutrition and wellness; explore careers and examine aspects of career development; and utilize leadership, problem-solving and communication skills to assume roles as responsible family members and citizens.								
A. Demonstrate Leadership								
1. Identify the components of effective teamwork and leadership	3.1, 4.6	CA1, CA6, SS3, SS6	13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.4.1, 13.4.2, 13.4.3, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7	A3, B2, B3, B17, D4, D5, D6, D10, D11, D12	1, 2, 3	A3, F3, F4, G1	0.03, 0.04	CG1
2. Cooperate with others to achieve group goals	1.1, 2.3, 2.7, 3.2, 3.3, 4.2	CA1, CA6, SS3, SS6	13.4.1, 13.4.2, 13.4.3, 13.4.4, 13.4.5, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7	B2, B5, B6, D4, I1, I4	2	F1, F2, F3, G1, G2	0.0.3, 1.0.5, 1.0.6, 3.0.3	CG2
3. Demonstrate the knowledge and skills to make decisions and act as responsible members of society	1.1, 1.2, 1.5, 1.7, 1.8, 1.10, 3.1, 3.2, 3.5, 3.8	SS1, SS3	13.0, 13.6.1, 13.6.2, 13.6.3, 13.6.4, 13.6.5	F8, G1, G2, G3, I1, I2	2, 3, 4	A3, G1, G2	0.0.1, 0.0.2, 0.0.4	CG2, CG4
4. Explore FCCLA benefits, opportunities, and purposes	1.4, 1.5, 1.7, 1.10, 2.1, 2.3, 2.7, 3.1, 3.2, 3.3, 3.4, 3.7, 3.8, 4.1, 4.3, 4.5, 4.6, 4.7	CA1, CA6, SS3, SS6	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.2.4, 1.2.6, 1.3.1, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7	D3, D4, D5, D6, D9, D10, D12, F8	1, 2, 3, 5	F1, F2, F3, F4, G1, G2	0.0.2, 0.0.3, 0.0.4	CG6
B. Examine Self Development Skills								

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1. Examine physical, emotional, social, and intellectual development and their relationships	1.5, 1.6, 1.7, 1.10, 2.1, 2.2, 2.3, 4.3	CA1, CA6,	12.0, 12.1.1, 12.2.2, 12.2.1, 12.2.2, 12.2.3, 12.2.4	H6	2, 3	F3	1.0.1, 5.0.1, 5.0.4, 5.0.8	CG1
2. Demonstrate communication skills that contribute to positive relationships	2.1, 2.2, 2.3	CA1, CA4, CA6	12.3.1, 12.3.2, 12.3.3, 13.0, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7	D3, D4	2	G1, G2	0.0.3, 1.0.1, 1.0.5, 1.0.6, 3.0.3, 3.0.4, 5.0.5	CG2
3. Apply character education in the family, workplace, and the community	1.6, 1.10, 2.2, 2.2, 2.3, 2.6, 3.1, 3.2, 3.3, 3.6, 3.7, 4.1, 4.2, 4.3, 4.4, 4.7	CA1, CA6	13.1.1, 13.3.2, 13.1.3, 13.1.4, 13.1.5, 13.1.6, 13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5, 13.6.1, 13.6.2, 13.6.3, 13.6.4, 13.6.5	A3, D4, D5, D10, E5, F8, I2, I3, I4, I5	1, 2, 3	A3, F1, F2, F3, F4, G1, G2	0.0.1, 0.0.2, 0.0.3, 0.0.4, 1.0.1, 1.0.2, 1.0.3, 1.0.7, 1.0.8, 1.0.9, 3.0.1, 3.0.2, 3.0.3, 3.0.6, 3.0.7, 4.0.1, 5.0.8	CG2, CG3, CG5
4. Utilize FCCLA programs to promote personal growth	1.5, 1.6, 1.8, 1.10, 2.1, 3.1, 3.3, 3.6, 3.7, 3.8, 4.1, 4.7	CA1, CA3, CA4, CA6, SS3, SS6	12.1.1, 12.1.2, 12.2.1, 12.2.2, 12.2.3, 12.2.4, 12.3.1, 12.3.2, 12.3.3, 13.1.1, 13.1.2, 13.1.3, 13.1.4, 13.1.5, 13.1.6, 13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6	D4, D5, D10, D12, G1, I1, I2, I3, I4, I5, I6	1, 2, 3, 5	F3, F4, A1, G1, G2	0.0.1, 0.0.2, 0.0.3, 0.0.4, 1.0.1, 1.0.2, 1.0.5, 1.0.6, 1.0.9	CG6
C. Analyze family systems								

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1. Explain the significance of family and consumer sciences	1.6, 1.9, 2.4, 4.1, 4.3	CA6, HP6	2.0, 6.0, 6.1.1, 12.0, 13.1.2	B10, B14, D1, D2, D6, D8, D9, E4, E5, G2, G3, G4, H4, H6, I2, I3, I4, I5, I6			0.0.1, 0.0.2, 0.0.3, 0.0.4, 1.0.1, 1.0.2, 1.0.5, 1.0.6, 2.0.1, 2.0.2, 3.0.1, 3.0.2, 3.0.3, 3.0.4, 4.0.1, 5.0.1, 5.0.7, 5.0.8	
2. Examine different family structures	1.1, 1.2, 1.8, 1.9, 4.3	SS3, SS6	6.0, 6.1.1, 6.1.2, 6.1.3, 6.1.4, 6.1.5				5.0.1, 5.0.3, 5.0.4, 5.0.8, 6.0.1	
3. Examine the impact of diversity on individuals and families	1.6, 1.7, 3.5, 3.7, 3.8, 4.2	SS1, SS6	6.0, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5	B10, F8, I1	2		0.0.3, 2.0.6, 5.0.4	
4. Analyze the influence of family on individuals and society	1.1, 1.2, 1.3, 1.5, 1.7, 1.9, 4.1, 4.3	SS1, SS3, SS6	6.0, 6.1.1, 6.1.2, 6.1.3, 6.1.4, 6.1.5, 6.1.6, 13.0				1.0.9, 5.0.1, 5.0.2, 5.0.3, 5.0.4, 5.0.8, 6.0.1	CG1
5. Utilize FCCLA programs to prepare for multiple roles	1.4, 1.5, 1.8, 1.9, 1.10, 2.1, 2.3, 3.1, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.5, 4.6	CA6, SS6	1.0, 1.1, 6.0, 6.1.1, 6.1.2, 6.1.3, 6.1.4, 6.1.5, 6.1.6, 6.1.7, 13.0				0.0.1, 0.0.2, 0.0.3, 0.0.4, 1.0.1, 1.0.2, 1.0.3, 1.0.9, 3.0.1, 3.0.2, 3.0.7, 5.0.1, 5.0.3, 5.0.4, 5.0.8, 6.0.1, 6.0.8	CG2, CG6
D. Investigate Family and Consumer Resources								
1. Identify reliable sources of information for consumers	1.4, 1.5, 1.7, 4.1	CA1, HP 6	2.3.1, 2.3.2, 2.3.3, 2.4.2, 3.2.5, 3.2.6, 3.2.7, 3.2.8	D15, E5	3	B1	2.0.2	
2. Utilize technology to solve problems related to family resources	2.7		2.4.1, 2.4.2, 2.4.3	E1, D8	3, 5			CG4, CG6
3. Demonstrate ways to manage the living environment	1.1, 1.10, 3.2, 3.3, 3.4	FA4, SC8, SS6	2.0, 2.1.1, 2.1.2, 2.1.5, 2.2, 2.2.1	D7, D8, H4, H7, H9, G6	1, 4	A3	2.0.1, 2.0.3, 2.0.5	

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4. Demonstrate ways to manage personal and material resources to achieve goals	1.6, 1.7, 1.8, 2.1, 3.7, 3.8, 4.5	SC8, SS7	2.0, 2.1.1, 2.1.2, 2.3.1, 2.3.2, 2.3.3, 2.5.1, 2.5.2, 2.6.1, 2.6.2, 2.6.3, 2.6.4	B7, B8, C2, C3, C5, D1, D6, F4, I6			2.0.1, 2.0.2, 2.0.5, 3.0.7	
5. Demonstrate ways to manage clothing resources	1.4, 1.6, 1.8, 3.8, 4.1	FA4, FA5	2.0, 2.1.1, 2.1.2, 2.1.4		1		2.0.7, 2.0.8	
6. Utilize FCCLA programs related to family and consumer sciences	1.1, 1.4, 1.5, 1.7, 1.8, 1.9, 1.10, 2.1, 3.1, 3.4, 3.6, 3.7, 3.8, 4.1, 4.5, 4.6	CA1, CA6, SS6, SS7	2.0, 2.1, 2.2, 2.3, 2.5, 2.6, 3.0, 3.1	B2, D1, D3, D4, D5, D6, D8, D9, D10, D11, D12, E5, G1, G2, G3, I1, I2, I3, 14, 15, 16	1, 2, 3, 4, 5		0.0.1, 0.0.2, 0.0.3, 0.0.4, 2.0.1, 2.0.2, 2.0.4, 2.0.6, 2.0.7, 2.0.8, 2.0.9, 2.0.10	CG6
E. Examine Aspects of Nutrition, Health and Wellness								
1. Describe characteristics of health and wellness	1.6, 1.7	CA1, CA4, HP1, HP2, HP3, HP4, HP5, HP6, HP7	14.1.1, 14.1.2, 14.2.1, 14.2.2, 14.2.3, 14.2.4	H2, H4, H6, I3, I5	3		3.0.2, 4.0.8	
2. Recognize the relationship exercise and leisure have on health	1.6, 1.7	HP2, HP4	1.1.5, 14.0, 14.1.1	H5, H6			4.0.2	
3. Describe accident/injury prevention strategies	1.8, 4.1	HP2, HP7	4.4.1, 8.3.1	H4, H5, H7			4.0.1	CG3
4. Explain the impact food choices have on a healthy lifestyle	1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 3.5, 3.6, 3.7	HP2, HP5	9.3.1, 9.3.2, 9.3.6		1, 3		4.0.1, 4.0.4	
5. Utilize nutritional guidelines to plan and prepare food	1.4, 1.7, 1.8, 1.10, 2.1, 2.5, 3.2, 3.3, 3.7, 3.8, 4.7	HP2, HP5, HP6	9.2.1, 9.2.5, 9.2.6, 14.3.1, 14.3.2, 14.3.3		3		4.0.1, 4.0.6	
6. Examine the consequences of substance use and abuse	3.1, 3.4, 3.7, 3.8, 4.7	HP5	12.0, 12.2.2	I3				CG3

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7. Identify risks associated with adolescent sexual activity	1.4, 1.6, 1.7, 1.8, 4.7	HP1, HP3, HP5					1.0.8, 5.0.3	CG3
8. Utilize FCCLA programs related to health and wellness	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.5	CA1, CA3, CA4, CA6	14.0, 14.1.1, 14.1.2, 14.1.3, 14.1.4, 14.1.5, 14.2.1, 14.2.2, 14.2.3, 14.2.4, 14.3.1, 14.3.2, 14.3.3, 14.5.4	D3, D4, D5, D6, D8, D9, D10, D11, H4, H5, H6, H7, H9	1, 2, 3, 4, 5		0.0.1, 0.0.2, 0.0.3, 0.0.4, 3.0.7, 4.0.1, 4.0.2, 4.0.3, 4.0.4, 4.0.8	CG1, CG3, CG6
F. Explore Career Pathways								
1. Utilize FCCLA programs to explore careers	1.1, 1.4, 1.10, 2.6, 4.3, 4.8	CA1, CA3, CA4, CA6, SS6	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.2.1, 1.2.2, 1.2.3, 1.2.4, 1.2.5, 1.2.6, 1.2.7, 1.2.8, 1.3.1, 1.3.2, 1.3.3, 1.3.4, 1.3.5, 6.1.7	B1, B2, B4, B11, B13, D3, D14, D16, E1, E3, F1, F4, F5, G2, G3, G5	3, 5	A1, A2, A3, B1, B2, C1, C2, D6, G1	0.0.2, 0.0.4, 1.0.4, 3.0.1	CG6, CG7, CG8
2. Examine career development planning	1.1, 1.4, 1.10, 2.6, 4.3, 4.8	CA1, CA3, CA4	7.1.1, 7.1.2, 7.1.3, 8.1.1, 8.1.2, 8.1.3, 9.1.1, 9.1.2, 9.1.3	D4, D14, D16, E3, I2	3	A1, A2, A3, B1, B2	0.0.2, 1.0.4, 3.0.5, 3.0.6	CG7, CG8
3. Practice positive employability skills	1.4, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 3.1, 3.4, 3.6, 3.7, 3.8, 4.1, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4	1.2.1, 1.2.2, 1.2.3, 1.2.4, 1.2.5, 1.2.6, 1.2.7, 1.2.8	D3, D4, D6, D9, D10, I1, I2, I3, I4, I5, I6, I7, I8	1, 2, 4	F1, F2, F3, F4, F5, F6, G1, G2	0.0.1, 0.0.2, 0.0.3, 0.0.4, 1.0.3, 1.0.7, 3.0.3, 3.0.6, 4.0.1, 5.0.6, 5.0.7	CG7, CG9

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