

Name: \_\_\_\_\_

## Family Living and Parenthood

### Course Rationale:

To assist Missouri citizens in creating stable families, performance competencies in the Family Living and Parenthood course taught in Family and Consumer Sciences Education programs enable students to:

- construct meaning by interpreting the nature, function and significance of human relationships;
- communicate effectively with family members and agencies that provide family related products and services;
- solve problems based upon the developmental needs of individuals; and,
- make decisions that strengthen and maintain family relationships, prepare individuals for marriage and parenthood and reduce disruptive conditions that destabilize families.

### Directions:

Evaluate the student by checking the appropriate number or letter to indicate the degree of competency. The rating for each task should reflect **employability readiness** rather than the grades given in class.

### Rating Scale:

- 3 Mastered** – can work independently with no supervision  
**2 Requires Supervision** – can perform job completely with limited supervision  
**1 Not Mastered** – requires instruction and close supervision  
**N No Exposure** – no experience or knowledge in this area

3	2	1	N	A. Assuming Leadership Roles as Responsible Family Members and Citizens	Notes:
				1. Utilize FCCLA program(s) to address family living and parenthood issues	
				2. Utilize leadership qualities and skills for problem solving	
				Other:	

3	2	1	N	B. Developing a Positive Self-Concept	Notes:
				1. Evaluate personal needs, wants, values and short- and long-term goals	
				2. Examine factors influencing personality development	
				3. Analyze the effects of values on personal thoughts, attitudes, actions and life roles	
				4. Determine methods for setting priorities	
				5. Identify strategies for promoting responsible behaviors	
				6. Evaluate personal problem-solving and decision-making skills	
				Other:	

3	2	1	N	C. Demonstrating Effective Communication Skills Among Family, Peers and Others	Notes:
				1. Create communications using a variety of methods, forms and technologies	
				2. Evaluate interpersonal communication techniques	
				3. Identify and evaluate the effects of cultural influences on communication	
				Other:	

3	2	1	N	<b>D. Explaining the Progression of Relationships and Families</b>	<b>Notes:</b>
				1. Evaluate personal and environmental factors influencing relationship choice, development and termination	
				2. Develop responsible behaviors related to sexuality	
				3. Analyze trends in family structure	
				Other:	

3	2	1	N	<b>E. Exploring Family Life Issues within a Diverse Society</b>	<b>Notes:</b>
				1. Analyze interrelationships of personal and family goals and values to work goals and values	
				2. Analyze how social, economic and technological changes impact work and family dynamics	
				3. Devise strategies for coordinating work and family responsibilities	
				4. Generate guidelines for reducing and resolving family conflict	
				5. Demonstrate skills needed to be a contributing family and community member	
				6. Explain the implications of cultural diversity when dealing with family and community issues	
				7. Analyze factors leading to stress and resiliency in families	
				8. Develop strategies to manage common sources of stress for individuals and families	
				9. Assess community resources available to individuals and families	
				10. Evaluate family problem-solving and decision-making skills	
				Other:	

3	2	1	N	<b>F. Making Responsible Parenting Decisions</b>	<b>Notes:</b>
				1. Identify characteristics of positive parenting	
				2. Identify parental rights and responsibilities to have and keep children	
				3. Evaluate impact of children on resources	
				4. Compare and contrast parenting issues related to various family types	
				Other:	

3	2	1	N	<b>G. Influencing Change in Environments</b>	<b>Notes:</b>
				1. Develop skills to affect public policy related to family living and parenthood	
				2. Analyze the impact of technology on individual and family lifestyles as related to family living and parenthood	
				3. Utilize technology and other resources to influence change in family and parenting environments	
				Other:	

3	2	1	N	H. Researching Key Careers	Notes:
				1. Identify career clusters and careers related to family studies	
				2. Assess personal characteristics and professional requirements for family study occupations	
				3. Investigate working conditions and income of specific careers	
				4. Use effective communication techniques for multiple workplace situations	
				5. Examine ethical and professional issues and responsibilities	
				6. Evaluate entrepreneurial options related to family studies	
				Other:	