

**Unit # 1 Title:** Planning for Life

**Lesson Title:** Mapping My Career Direction

**Lesson:** 2 of 3

**Grade Level:** 8

**Length of Lesson:** 30 minutes

**Missouri Comprehensive Guidance and Counseling Domain:**

AD.6: Developing and Monitoring Personal Plan of Study

**Grade Level Standard (GLS):**

AD.6.A.08.a. Design a Personal Plan of Study.

**American School Counselor Association National Standard (ASCA):**

Academic Development

B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options including college.

**Materials (include activity sheets and/ or supporting resources)**

Student Career Folder with Graphs (Grade 7) and Missouri Connections or other Interest Inventories Results

*High School Vocabulary Sheet*

*Career Clusters Sheet*

My Chosen Career Cluster Plan of Action Template and Sample Paper and Writing Instrument

**Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)**

X	Goal 1: gather, analyze and apply information and ideas 8. organize data, information and ideas into useful forms (including charts, graphs and outlines) for analysis or presentation.
X	Goal 2: acquire the knowledge and skills to communicate effectively within and beyond the classroom. 1. plan and make written, oral and visual presentations for a variety of purposes and audiences 6. apply communication techniques to the job search and to the workplace
X	Goal 3: recognize and solve problems 8. assess costs, benefits and other consequences of proposed solutions
X	Goal 4: make decisions and act as responsible members of society 5. develop, monitor and revise plans of action to meet deadlines and accomplish goals. 8. explore, prepare for and seek educational and job opportunities

**This lesson supports the development of skills in the following academic content areas.**

**Academic Content Area(s)**

**Specific Skill(s)**

X	Communication Arts	1. speaking and writing standard English 4. writing formally and informally
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		6. participating in formal and informal presentations and discussions of issues and idea
	Mathematics	
	Social Studies	
	Science	
	Health/Physical Education	
	Fine Arts	

**Enduring Life Skill(s)**

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

**Lesson Measurable Learning Objectives:**

The student will write a paragraph identifying information about the career cluster of his/her choice and at a least four high school classes, which correspond with that choice.

**Lesson Formative Assessment (acceptable evidence):**

**Assessment should relate to the performance outcome for goals, objectives and GLS's.**  
**Assessment can be question answer, performance activity, etc.**

The student will write a paragraph identifying the career cluster of his/her choice and a plan to reach his/her career goal.

**Lesson Preparation****Essential Questions:**

How does knowledge of myself influence and assist in the attainment of my goals? To what extent do choices made and opportunities missed or taken impact short and long-term goals?

**Engagement (Hook):**

Visit from high school counselor for a get acquainted time. (5-10 min.)

**Procedures**

<b>Instructor Procedures/Instructional Strategies:</b>	<b>Student Involvement/Instructional Activities:</b>
1. Middle school counselor will introduce high school counselor(s).	1. Students become acquainted with and have an opportunity to ask questions of the high school counselor.
2. After conversation with high school counselor students review career portfolios/folders, including interest inventories, review of self-evaluations, graphs, etc.	2. Students review their career portfolios and assess what information will assist them in developing their Personal Plan of Study.
3. Counselor assists students in completing the <i>Choosing My Career Cluster</i> worksheet.	3. Students use the information from their career portfolios to complete the <i>Choosing My</i>

<p>4. Counselor will lead a discussion regarding successful performance in classes.</p> <p>5. Instruct students to write a paragraph describing their career cluster choice and how they plan to achieve this by including classes they will need to take in high school.</p>	<p><i>Career Cluster.</i></p> <p>4. Students will show their understanding of the importance of succeeding in classes through class discussion</p> <p>5. Students will write a paragraph describing their career cluster choice.</p>
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### **Teacher Follow-Up Activities**

All student work should be filed in student's career folder for future use.

### **Counselor reflection notes (completed after the lesson)**

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## CHOOSING MY CAREER CLUSTER

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My Chosen Career Cluster...

Health Services

The Career I think I would like....

Registered Nurse (B.S.N.)

The Path I Will Take to Meet That Goal....

SCHOOL-TO WORK

2 YEAR/VOCATIONAL SCHOOL

4 YEAR COLLEGE

University of MO-Columbia

Some classes I will need to include in my 4 to 6 year plan to meet this career goal:

1. Biology
2. Chemistry
3. Health Occupations
4. Algebra
5. Geometry
6. Algebra II
7. Calculus
8. Anatomy & Physiology
9. \_\_\_\_\_
10. \_\_\_\_\_

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CHOOSING MY CAREER CLUSTER

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My Chosen Career Cluster...

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The Career I think I would like....

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The Path I Will Take to Meet That Goal....

SCHOOL-TO WORK

2 YEAR/VOCATIONAL SCHOOL

4 YEAR COLLEGE

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Career Goal

Some classes I will need to include in my 4 to 6 year plan to meet this career goal:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_



Missouri Comprehensive Guidance & Counseling Programs:

Linking School Success to Life Success

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# **High School Vocabulary**

**Credits/hours**

**Graduation requirements**

**A+ Program**

**Prerequisite**

**Core elective**

**Core requirement**

**Elective**

**College prep class**

**Career cluster**

**Practical art**

**Fine art**

**GPA**

**Technical classes**

**Four to six year plan**