

Unit # 1 Title: Who Am I as a Career?

Lesson Title: Tootsie Roll TM, Tootsie Roll TM, Who Art Thou? (Part 2) **Lesson:** 2 of 2

Grade Level: 6

Length of Lesson: 30 minutes

Missouri Comprehensive Guidance and Counseling Domain:
 CD.7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals
 CD.8: Knowing Where and How to Obtain Information about the World of Work and Post-Secondary Training/Education

Grade Level Standard (GLSs):
 CD.7.A.06.a.i: Use current interests, strengths and limitations to guide individual career exploration.
 CD.7.B.06.a.i: Recognize the career path concept as an organizer for exploring and preparing for careers now and in the future.
 CD.7.C.06.a.i: **Recognize non-traditional work roles.**
 CD.8.A.06.a.i: Evaluate career and educational information resources.
 CD.8.B.06.a.i: Compare the different types of post-secondary training and education as it relates to career choices.

American School Counselor Association (ASCA) National Standard:
 Career Development
 A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
 C: Students will understand the relationship between personal qualities, education, training and the world of work.

Materials (include activity sheets and/ or supporting resources)

Resources (see Resources for Lesson 1): **Career Path Descriptions*
**Career Path Posters* (set of six)
**Ideas for Personal Plan of Study/Career Portfolio*
*Activity Sheets: *Worker Interview Questions* (completed)
Career Path Student Survey
Job and Gender Role Survey
 (*Materials introduced in the previous lesson).

Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: gather, analyze and apply information and ideas 5. Comprehend and evaluate written, visual and oral presentations and works. 6. Discover and evaluate patterns and relationships in information, ideas and structures. 10. Apply acquired information, ideas and skills to different contexts as students,
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	workers, citizens and consumers.
X	Goal 2: communicate effectively within and beyond the classroom 1. Plan and make written, oral and visual presentations for a variety of purposes and audiences. 3. Exchange information, questions and ideas while recognizing the perspectives of others.
X	Goal 3: recognize and solve problems 5. Reason inductively from a set of specific facts and deductively from general premises.
X	Goal 4: make decisions and act as responsible members of society 3. Analyze the duties and responsibilities of individuals in societies. 8. Explore, prepare for and seek educational and job opportunities.

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	Reading and verbal skills; interview and writing skills
X Mathematics	Data analysis
X Social Studies	Recognition of roles of careers in society
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

	Perseverance	X	Integrity	X	Problem Solving
X	Courage		Compassion	X	Tolerance
X	Respect	X	Goal Setting	X	Responsibility

Lesson Measurable Learning Objectives:

The student will use career and educational information resources to choose one Career Path, identifying training and education.
The student will identify males and females in nontraditional work roles by completing the <i>Job and Gender Role</i> survey.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLSs.
Assessment can be question answer, performance activity, etc.
Students will complete lesson surveys.
Students will explore and discuss gender roles.

Lesson Preparation

Please Note: <i>The concept of the Personal Plan of Study/Career Portfolio is introduced during this unit. The exact format for the Portfolio will depend, in large part, on the resources available to you in your district. Some districts have a well-developed system for student portfolios; some districts have adopted portfolio guidelines and do not yet have a system in place; some districts are in the planning stage. We have included some general ideas (see</i>

Resource: Ideas for Personal Plans of Study/Career Portfolios); however, we suggest that counselors work with administrators and teachers in their districts to make the Comprehensive Guidance Program Portfolios an extension of the student portfolios used in other content areas.

Essential Questions: How do the career paths relate to who you are?

Engagement (Hook): Have two students—one male, one female—dressed in white lab coats with stethoscopes sticking out of the pockets. The class is to decide what jobs are represented (Female is to be physician. Male is to be a lab technician or nurse). Sometimes it is easy to categorize jobs as male or female occupations, but do jobs truly have gender?

Procedures:

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
<ol style="list-style-type: none"> 1. Review information career path information from the previous lesson: What is the building and fixing path? What is the health care path? What path focuses on helping others? Creative and performing arts? Working with nature? Which path involves working with others to make and sell a product? 2. Divide class into small groups to present information gathered during their interviews with workers (see completed <i>Worker Interview</i> questionnaire). Ask the students to decide which career path each job belongs to and whether the job is considered a male or female job. (NOTE: The purpose of this question is to create an awareness of students' unintentional stereotyping of occupations—with the goal of increasing students' awareness of their subtle/hidden biases.) 3. Discuss gender role stereotyping and males and females in non-traditional work roles. Distribute the <i>Job and Gender Role Survey</i> to student groups and review the directions. When groups have finished, they will be encouraged to debate and discuss (with a friendly attitude) opinions as a group, and then as a class, concerning “men only” and “women only” jobs. 	<ol style="list-style-type: none"> 1. Students will participate in the review process. 2. Students will present the information they discovered during their interviews with workers. Group members will listen and participate in discussion. 3. Student groups will complete Job and Gender Role Surveys and participate in group discussion.

<p>Students will be asked if there are reasons why some careers should not be open to both genders.</p> <p>4. Students will be given the <i>Student Career Path Survey</i>. The students are to mark the bubble for the statements that describe who they are and what they would like to do. The counselor may want to read each statement aloud, so that he/she can explain or define terms that are unfamiliar to students.</p> <p><i>NOTE: Students should be advised that while they may not have the ability to do all the tasks at this time, they are expressing their interests.</i></p> <p>5. Once the survey is complete, the counselor will reveal which career paths are represented in each column. Allow time for students to reflect on the results of their surveys.</p> <p><i>NOTE: Students' surveys will be placed in their permanent record or career portfolios (if used) to evaluate changes as they progress through middle school and to review at the time they develop their personal plan of study</i></p>	<p>4. Students return to their regular seating to complete the survey. When they finish the survey, they are to count the number of items they marked for each career path and record the number in the square provided.</p> <p>5. Students will engage in a conversation with a peer-partner to review and reflect on their responses across career paths by similarities/differences and high/low markings in the categories</p> <ol style="list-style-type: none"> Activities of Interest Personal Qualities Free-time Preferences School Subject Preferences <p>Upon completion of their conversation, students will consider the trends of their responses and identify career paths and related occupations that would fulfill the personal preferences noted.</p>
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Teacher Follow-Up Activities

During classroom discussions that involve occupations or people in the news, point out those individuals in non-traditional roles and/or the skills needed to perform those jobs.

Counselor reflection notes (completed after the lesson)

Career Path Survey Name _____ Grade _____

*Adapted for Middle School Subjects from Krista Flowers' Model, Mid Rivers Tech Prep Consortium

<p>Career Path # 1 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Preparing medicines in a pharmacy <input type="radio"/> Helping sick people <input type="radio"/> Working with animals <input type="radio"/> Helping with sports injuries <input type="radio"/> Studying anatomy and disease <input type="radio"/> Performing surgery <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> <input type="radio"/> Compassionate and caring <input type="radio"/> Good listener <input type="radio"/> Good at following directions carefully <input type="radio"/> Conscientious and careful <input type="radio"/> Patient <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> <input type="radio"/> Volunteering in a hospital <input type="radio"/> Taking care of pets <input type="radio"/> Exercising and taking care of myself <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> <input type="radio"/> Math <input type="radio"/> Science <input type="checkbox"/> <input type="radio"/> Physical Education <input type="checkbox"/> <p>How Many Did I Pick?</p>	<p>Career Path # 2 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Predicting weather <input type="radio"/> Predicting or measuring earthquakes <input type="radio"/> Growing flowers/trees or gardening <input type="radio"/> Studying rocks and minerals <input type="radio"/> Raising fish or other animals <input type="radio"/> Working in a chemistry lab <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> <input type="radio"/> Helping with problems <input type="radio"/> Nature lover <input type="radio"/> Physically active <input type="radio"/> Problem solver <input type="radio"/> Observant <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> <input type="radio"/> Hiking <input type="radio"/> Participating in FFA or 4H <input type="radio"/> Experimenting with a chemistry set <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> <input type="radio"/> Math <input type="radio"/> Social Studies <input type="checkbox"/> <input type="radio"/> Science <input type="checkbox"/> <p>How Many Did I Pick?</p>	<p>Career Path # 3 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Reading or writing stories or articles <input type="radio"/> Designing and building scenery for plays <input type="radio"/> Gardening <input type="radio"/> Taking photographs <input type="radio"/> Acting in a play or movie <input type="radio"/> Listening to or playing music <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> <input type="radio"/> Imaginative <input type="radio"/> Creative <input type="radio"/> Outgoing <input type="radio"/> Using my hands to create things <input type="radio"/> Performer <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> <input type="radio"/> Working on a school newspaper or yearbook <input type="radio"/> Acting in a play <input type="radio"/> Painting pictures or drawing <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> <input type="radio"/> Music/Choir/Band <input type="radio"/> Language <input type="checkbox"/> <input type="radio"/> Art <input type="checkbox"/> <p>How Many Did I Pick?</p>
<p>Career Path # 4 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Putting things together <input type="radio"/> Designing buildings <input type="radio"/> Working on cars or mechanical things 	<p>Career Path # 5 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Interviewing people <input type="radio"/> Using computer programs to do math <input type="radio"/> Typing letters, forms, banners, 	<p>Career Path # 6 is</p> <hr/> <p>Activities That Interest Me</p> <ul style="list-style-type: none"> <input type="radio"/> Helping people solve problems <input type="radio"/> Working with kids <input type="radio"/> Working with elderly people <input type="radio"/> Preparing food

<ul style="list-style-type: none"> ○ Using math to solve problems ○ Gardening ○ Using tools <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> ○ Practical ○ Like using my hands ○ Logical ○ Good at following instructions ○ Observant <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> ○ Building stage sets for a school play ○ Drawing sketches of cars or mechanical things ○ Working on cars <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> ○ Math ○ Science ○ Shop <p>How Many Did I Pick?</p> <div style="border: 1px solid black; width: 50px; height: 30px; margin-left: 100px;"></div>	<p>etc.</p> <ul style="list-style-type: none"> ○ Keeping records, taking notes at meetings ○ Working with numbers ○ Organizing files and paperwork <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> ○ Practical ○ Independent ○ Organized ○ Like to use machines ○ Like to be around people <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> ○ Being in a speech contest or debate ○ Using a computer ○ Volunteering in a local hospital office <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> ○ Speech ○ Language ○ Math <p>How Many Did I Pick?</p> <div style="border: 1px solid black; width: 50px; height: 30px; margin-left: 100px;"></div>	<ul style="list-style-type: none"> ○ Being involved in politics ○ Solving a mystery <p>Personal Qualities That Describe Me</p> <ul style="list-style-type: none"> ○ Friendly ○ Open ○ Outgoing ○ Good at making decisions ○ Good listener <p>In My Free Time I Would Enjoy</p> <ul style="list-style-type: none"> ○ Tutoring young children ○ Helping with a community project ○ Coaching kids in a sport <p>School Subjects/Activities That I Enjoy or Do Well</p> <ul style="list-style-type: none"> ○ Language ○ Social Studies ○ Speech <p>How Many Did I Pick?</p> <div style="border: 1px solid black; width: 50px; height: 30px; margin-left: 100px;"></div>
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Career Path Student Survey Answer Sheet

Career Path # 1 = Health Services

Career Path # 2 = Natural Resources/Agriculture

Career Path # 3 = Arts & Communication

Career Path # 4 = Industrial and Engineering Technology

Career Path # 5 = Business, Management, and Technology

Career Path # 6 = Human Services

Jobs and Gender Role Survey

*One copy for each student

Name: _____ Grade: _____

Directions: Place a check-mark on one of the lines beside each occupation to indicate if a male, female, or both could do the work of the job.

	<u>Males Only</u>	<u>Both Genders</u>	<u>Females Only</u>
Nurse	_____	_____	_____
Hockey Player	_____	_____	_____
Pilot	_____	_____	_____
Receptionist	_____	_____	_____
Soldier	_____	_____	_____
Bus Driver	_____	_____	_____
Miner	_____	_____	_____
Farmer	_____	_____	_____
Elementary Teacher	_____	_____	_____
Police Officer	_____	_____	_____
Politician	_____	_____	_____
Hair Stylist	_____	_____	_____
Plumber	_____	_____	_____
Artist	_____	_____	_____
Judge	_____	_____	_____
Fashion Model	_____	_____	_____
Gymnast	_____	_____	_____
Scientist	_____	_____	_____
Archaeologist	_____	_____	_____
Football Player	_____	_____	_____
File Clerk	_____	_____	_____
Flight Attendant	_____	_____	_____
Race Car Driver	_____	_____	_____
Physician	_____	_____	_____
Architect	_____	_____	_____
Conductor	_____	_____	_____
Sports Writer	_____	_____	_____
Carpenter	_____	_____	_____
Cab Driver	_____	_____	_____
Pharmacist	_____	_____	_____

Resource: Ideas for Personal Plan of Study/Career Portfolios

The ideas that follow are thought-starters as you and your colleagues formulate the guidelines for the Comprehensive Guidance aspect of student portfolios.

I. Foundation Principles:

1. The purpose of the portfolio is three-fold:
 - a. To serve as a storage/retrieval system for selected student work
 - b. To provide students and counselors with a “running record” of students’ achievement, their interests, their perceived aptitudes and abilities
 - c. To provide students with a place to collect their thoughts/feeling/wishes/goals regarding school, work, and themselves in relation to school and work as they progress through middle school and high school.
2. Portfolios are to be used FOR (not AGAINST) the student and his or her growth and development as a current and future citizen of the world.
3. Your ideas

II. Contents

1. Student’s Personal Plan of Study
2. Assessment Results (Informal and Standardized)
3. Student’s Life Career Goals
4. Student’s Reflections
5. Your Ideas

III. Storage/Retrieval/Access

1. Student Privacy is of utmost importance
 - a. The sensitivity of student-provided content is addressed “before the fact.”
 - b. Students are able to determine who has access to Portfolio
 - c. The district’s implementation policies/guidelines regarding The Family Educational Rights and Privacy Act will be followed.
 - d. All access/retrieval policies and guidelines will be “transparent” for the student, i.e., not secrets and no surprises as a result of information student includes in portfolio.
2. Storage of Portfolio is the responsibility of the school district
 - a. Notebooks?
 - b. Electronic?
3. In the case of some documentation it may be more appropriate for student to maintain information.