Na	me	:					Core Compet	tencies for Health Care Assistants	
		tion:		tude	ent b	y er	ntering the appropriate number to indicate the degree of co	ompetency.	
R	atin	g Sc	ale	(0-6):				
25	0 1 2	No Un	Ex	posi cess	ure ful	Atte	experience/knowledge in this area; program/course did rempt – unable to meet knowledge or performance criteria ation – met some of the knowledge or performance criteria	and/or required significant assistance	
	 Partial Demonstration – met some of the knowledge or performance criteria with or without minor assistance Knowledge Demonstrated – met knowledge criteria without assistance at least once 								
	4						nonstrated – met performance criteria without assistance		
	5						nstration – met performance and/or knowledge criteria w		
	6	IVI	iste	rea	– su	icces	ssfully applied knowledge or skills in this area to solve re	lated problems independently	
0	1	2	3	4	5	6	A. Construct a career plan for the health career	Notes:	
							chosen		
							1. Compare desired traits of a health care worker with personal character profile		
							2. Describe the characteristics of the Health Care		
							Delivery System		
							3. Describe the issues and trends facing the industry today		
							4. Examine options among the health care team for a		
							future career		
							Other:		
0	1	2	3	4	5	6	B. Examine the impact of ethical and legal concerns on the practice of a health professional	Notes:	
							Distinguish between ethical and legal issues		
							2. Discuss ethical issues facing health care delivery		
							today		
							3. Develop a code of professional ethics		
							4. Select safe practice skills to avoid legal difficulties		
							Other:		
				<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	
0	1	2	3	4	5	6	C. Communicate effectively with clients, co- workers, and the public	Notes:	
							1. Demonstrate positive interpersonal communication		
							skills when working with clients, co-workers, and the public		
							2. Apply observation skills to the patient care setting		
							3. Chart procedures and observations		
							4. Utilize medical terminology in written and verbal		
							communication with health care workers		
							5. Apply basic mathematics skills to actual and hypothetical patient care situations		
	Ì					-	Other:		

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0	1	2	3	4	5	6	D. Maintain a safe environment for clients, co-	Notes:
							workers, and the public	
							Use proper body mechanics when providing client care	
							2. Follow emergency procedures for fire and other	
							disasters	
							3. Identify real and potential safety hazards in the patient care setting and implement a plan to avoid or	
							correct identified safety hazards	
							Other:	
0	1	2	3	4	5	6	E. Apply techniques for prevention and control of	Notes:
							communicable diseases	
							Differentiate between types of microorganisms	
							2. Describe environment requirements that support the	
							growth of microorganisms	
							3. Apply medical aseptic techniques to the health care setting	
							4. Select appropriate personal protective equipment	
							using the principles of Standard and Transmission	
							Based Precautions	
							Other:	
						ı		
Δ	1	2	3	4	5	6	F. Describe the importance of knowledge of human	Notes:
U	1	4	3	4	3	6	anatomy and physiology to the career of a health professional	Notes:
							Describe the body anatomically	
							2. Explain the organizational structure of the body	
							from the simple to the complex	
							3. Identify the structure of the skin and its appendages	
							4. Explain the functions of the skin and its appendages	
							5. Identify the structures of the digestive system	
							6. Explain the functions of the digestive system	
							7. Describe nutrition and its relationship to good	
							health 8. Identify the structures of the musculoskeletal	
							system	
							9. Explain the functions of the musculoskeletal system	
							10. Identify the structures of the cardiovascular	
							system 11. Explain the functions of the cardiovascular system	
							12. Identify the structures of the respiratory system	
							13. Explain the functions of the respiratory system	
							14. Identify the structures of the nervous system.	
							15. Explain the functions of the nervous system	

							16. Identify the structures of the sensory system	
							17. Explain the functions of the sensory system	
							18. Identify the structures of the endocrine system	
							19. Explain the functions of the endocrine system	
							20. Identify the structures of the urinary system	
							21. Explain the functions of the urinary system	
							22. Identify the structures of the reproductive system	
							23. Explain the functions of the reproductive system	
							Other:	
							L	
0	1	2	3	4	5	6	G. Modify client care based on an understanding	Notes:
U	1	_	3	•	3	U		110165.
							of human life stages and basic human needs	
							1. Describe basic human needs as discussed by	
							Abraham Maslow	
							2. Identify the physical, mental, and social changes that occur at different stages of life	
							3. Incorporate acceptable techniques when caring for	
							the confused client	
							4. Assist the dying client in meeting his/her	
							psychological, spiritual, and physical needs	
							Other:	
		<u> </u>	<u> </u>	L	L	l		<u>I</u>
0	1	2	3	4	5	6	H. Perform procedures common to multiple	Notes:
	1	_	3	-	3	Ů	health care disciplines	110103.
							1. Measure vital signs (temperature, pulse,	
							respirations, and blood pressure)	
							2. Administer cardiopulmonary resuscitation (CPR)	
							techniques and Heimlich maneuver	
				Ī	_	I -	3. Identify special considerations related to oxygen	
	Ì						, , , ,	
							therapy	
							· ·	
							therapy	
							Other:	
0	1	2	3	4	5	6	Other: I. Perform procedures required of an entry level	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA,	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA,	Notes:
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide)	Notes:
0							I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other:	
0	1	2	3	4	5	6	I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other: J. Exhibit professional behavior and work ethics	Notes:
0							I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other: J. Exhibit professional behavior and work ethics appropriate for a health professional	
0							I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other: J. Exhibit professional behavior and work ethics appropriate for a health professional 1. Appreciate the importance of active participation in	
0							I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other: J. Exhibit professional behavior and work ethics appropriate for a health professional 1. Appreciate the importance of active participation in professional organization. (SkillsUSA is the entry	
0							I. Perform procedures required of an entry level health care employee 1. Follow the required task statement in the emphasis area curriculum chosen by the student (e.g. – CNA, Physical Therapist Aide, Dental Aide, Respiratory Aide) Other: J. Exhibit professional behavior and work ethics appropriate for a health professional 1. Appreciate the importance of active participation in	

			3. Apply employability skills (letter of application, resume', interview, letter of resignation)	
			4. Evaluate personal values, write short-term and long-term goals and apply them to effective time management	
			Other:	