

Name: \_\_\_\_\_

Nurse Assistant

**Directions:**

Evaluate the student by entering the appropriate number to indicate the degree of competency.

**Rating Scale (0-6):**

- 0 No Exposure** – no experience/knowledge in this area; program/course did not provide instruction in this area
- 1 Unsuccessful Attempt** – unable to meet knowledge or performance criteria and/or required significant assistance
- 2 Partially Demonstrated** – met some of the knowledge or performance criteria with or without minor assistance
- 3 Knowledge Demonstrated** – met knowledge criteria without assistance at least once
- 4 Performance Demonstrated** – met performance criteria without assistance at least once
- 5 Repetitively Demonstrated** – met performance and/or knowledge criteria without assistance on multiple occasions
- 6 Mastered** – successfully applied knowledge or skills in this area to solve related problems independently

0	1	2	3	4	5	6	<b>A. Identify and demonstrate professional behavior and roles and functions of nursing professionals</b>	<b>Notes:</b>
							1. Define the role of a nurse assistant in acute, long-term and home health care	
							2. Identify health care team members and each of their roles	
							3. Organize workload and prioritize tasks	
							4. Follow a chain of command	
							5. Exhibit professionalism	
							Other:	

0	1	2	3	4	5	6	<b>B. Demonstrate career management skills</b>	<b>Notes:</b>
							1. Practice within the job description and training of the nurse assistant	
							2. Implement techniques to manage stress	
							Other:	

0	1	2	3	4	5	6	<b>C. Demonstrate professional interpersonal and communication skills</b>	<b>Notes:</b>
							1. Participate as a team member	
							2. Provide quality health care	
							3. Exhibit sensitivity to the diversity of others	
							4. Exhibit tolerance to challenging clients and/or families	
							5. Exhibit sensitivity to clients' and/or families' pain and loss	
							6. Communicate pertinent information at the shift change	
							7. Chart observations and procedures	
							8. Recognize and report incidents	
							9. Complete incident reports	

								10. Reinforce client teaching identified on the care plan	
								11. Maintain client confidentiality	
								Other:	

0	1	2	3	4	5	6	<b>D. Identify and demonstrate safety and sanitation procedures</b>	Notes:
							1. Follow OSHA guidelines	
							2. Respond appropriately to emergencies in a health care delivery setting (e.g., hospital, long-term care, home, and office)	
							3. Wash hands	
							4. Put on and remove daily care non-sterile gloves	
							5. Put on and remove mask	
							6. Put on and remove non-sterile gown	
							Other:	

0	1	2	3	4	5	6	<b>E. Demonstrate providing personal care and comfort measures</b>	Notes:
							1. Maintain hearing aids	
							2. Maintain eyeglasses	
							3. Place and remove eyeglasses	
							4. Assist clients to dress	
							5. Assist clients to undress	
							6. Give a complete bed bath	
							7. Give a tub bath	
							8. Give a shower bath	
							9. Shave a client with a disposable razor	
							10. Shave a client with an electric razor	
							11. Comb or brush hair	
							12. Give a shampoo during a tub bath or shower bath	
							13. Give a bed shampoo	
							14. Assist with oral hygiene for a conscious client	
							15. Administer oral hygiene to helpless or unconscious clients	
							16. Provide denture care	

									17. Give fingernail care	
									18. Give toenail care	
									19. Give perineal care to a female client	
									20. Give perineal care to a male client	
									21. Give perineal care to a client with a catheter	
									22. Give backrub	
									23. Apply and remove elastic stockings	
									24. Make an unoccupied bed	
									25. Make an occupied bed	
									Other:	

0	1	2	3	4	5	6	<b>F. Demonstrate restorative nursing care</b>	<b>Notes:</b>
							1. Move a client to head of bed (two-person assist)	
							2. Turn a client to one side (3/4 turn)	
							3. Demonstrate one-person pivot transfer from bed to chair	
							4. Demonstrate one-person pivot transfer from chair to bed	
							5. Demonstrate two-person transfer with a mechanical lift	
							6. Demonstrate two-person pivot transfer from chair to bed	
							7. Transfer a client from bed to stretcher	
							8. Ambulate client with a gait belt	
							9. Ambulate client who is using a walker	
							10. Ambulate client who is using a cane	
							11. Ambulate client who is using crutches	
							12. Perform passive range of motion exercises	
							13. Assist with active range of motion exercises	
							14. Give stage one pressure ulcer care	
							Other:	

0	1	2	3	4	5	6	<b>G. Demonstrate assisting with feeding and nutrition-related tasks</b>	<b>Notes:</b>
							1. Prepare a client for a meal	
							2. Distribute trays, assisting with tray set-up	

										3. Feed a helpless client	
										4. Modify feeding techniques as appropriate for a client's condition	
										5. Distribute drinking water	
										6. Measure and record intake and output	
										7. Convert household measurements to metric equivalents	
										8. Convert between pounds and kilograms	
										9. Convert inches to feet and inches	
										10. Measure client's weight and height	
										11. Measure weight and length of infant	
										12. Thicken liquids	
										Other:	

0	1	2	3	4	5	6	<b>H. Demonstrate assisting with special care procedures</b>	<b>Notes:</b>
							1. Assist client with a urinal	
							2. Assist client with bedpan	
							3. Change urinary drainage bag	
							4. Change adult incontinent brief	
							5. Empty urinary drainage bag	
							6. Give care of an uncomplicated established colostomy	
							7. Collect a midstream clean-catch urine specimen	
							8. Collect a 24-hour urine specimen	
							9. Collect a sterile urine specimen from a catheter	
							10. Collect a stool specimen	
							11. Collect a sputum specimen	
							12. Apply warm, moist compress	
							13. Apply aquathermia pad	
							14. Apply ice bag or ice cap	
							15. Perform post-mortem care	
							Other:	