

Name: _____

Physical Therapist Aide

Directions:

Evaluate the student by entering the appropriate number to indicate the degree of competency.

Rating Scale (0-6):

- 0 No Exposure** – no experience/knowledge in this area; program/course did not provide instruction in this area
- 1 Unsuccessful Attempt** – unable to meet knowledge or performance criteria and/or required significant assistance
- 2 Partially Demonstrated** – met some of the knowledge or performance criteria with or without minor assistance
- 3 Knowledge Demonstrated** – met knowledge criteria without assistance at least once
- 4 Performance Demonstrated** – met performance criteria without assistance at least once
- 5 Repetitively Demonstrated** – met performance and/or knowledge criteria without assistance on multiple occasions
- 6 Mastered** – successfully applied knowledge or skills in this area to solve related problems independently

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | A. Identify the components of physical therapy | Notes: |
|---|---|---|---|---|---|---|--|---------------|
| | | | | | | | 1. Identify role of Physical Therapist, Physical Therapist Assistant, and Physical Therapist Aide as per state law and APTA Guidelines | |
| | | | | | | | 2. Identify common employment sites and settings | |
| | | | | | | | 3. Identify common diagnoses requiring physical therapy | |
| | | | | | | | 4. Follow chain of command | |
| | | | | | | | 5. Identify level of supervision required for Physical Therapist Aide when assisting in patient care | |
| | | | | | | | 6. Locate and explore the Web Site for the American Physical Therapy Association | |
| | | | | | | | 7. Discuss educational requirements for Physical Therapists and Physical Therapist Assistants | |
| | | | | | | | 8. Identify basic physical therapy activities | |
| | | | | | | | Other: | |

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | B. Demonstrate basic patient care | Notes: |
|---|---|---|---|---|---|---|--|---------------|
| | | | | | | | 1. Exhibit sensitivity to patients' pain and loss | |
| | | | | | | | 2. Maintain patient confidentiality | |
| | | | | | | | 3. Maintain patient privacy | |
| | | | | | | | 4. Differentiate between ethical and unethical decisions and legal and illegal actions | |
| | | | | | | | 5. Respond appropriately to physical therapy patients who have sensory and/or cognitive deficits | |
| | | | | | | | 6. Manage client lines, tubes, and bags | |
| | | | | | | | 7. Reposition a displaced nasal cannula or oxygen mask | |
| | | | | | | | 8. Assist patient with toileting including bedpan and urinal | |
| | | | | | | | 9. Assist patient to dress and undress | |
| | | | | | | | Other: | |

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | C. Identify and perform basic patient transfers and independent transfer supervision | Notes: |
|---|---|---|---|---|---|---|---|---------------|
| | | | | | | | 1. Identify proper body mechanics | |
| | | | | | | | 2. Practice correct methods for independent and assisted patient transfers | |
| | | | | | | | 3. Perform stand and pivot transfers (patient assisted and unassisted) | |
| | | | | | | | 4. Perform sliding board transfer | |
| | | | | | | | 5. Perform sliding transfer from stretcher to treatment table | |
| | | | | | | | 6. Perform three-person carry transfer | |
| | | | | | | | 7. Perform two-person sitting transfer | |
| | | | | | | | 8. Perform mechanical lift transfer | |
| | | | | | | | 9. Demonstrate appropriate application and use of gait/transfer belt | |
| | | | | | | | 10. Set up and remove wheelchair armrests, legrests, and footrests | |
| | | | | | | | 11. Propel wheelchair on level surfaces, ramps and over curbs | |
| | | | | | | | Other: | |

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | D. Assist with physical therapy treatment | Notes: |
|---|---|---|---|---|---|---|--|---------------|
| | | | | | | | 1. Position/reposition patient on mat or treatment table | |
| | | | | | | | 2. Prepare patient for treatment in sitting, supine, sidelying and prone positions | |
| | | | | | | | 3. Drape patient to expose area to be treated while preserving modesty and comfort | |
| | | | | | | | 4. Explain the importance of draping for warmth and modesty | |
| | | | | | | | 5. Assist with hot pack treatment | |
| | | | | | | | 6. Assist with ultrasound treatments | |
| | | | | | | | 7. Assist with paraffin bath | |
| | | | | | | | 8. Assist with diathermy | |
| | | | | | | | 9. Assist with Fluidotherapy (tm) | |
| | | | | | | | 10. Assist with ice pack treatments | |
| | | | | | | | 11. Assist with ice massage | |
| | | | | | | | 12. Assist with hydrotherapy | |
| | | | | | | | 13. Assist with electrotherapy | |
| | | | | | | | 14. Assist with cervical traction | |
| | | | | | | | 15. Assist with lumbar traction | |

| | | | | | | | | | |
|--|--|--|--|--|--|--|--|---|--|
| | | | | | | | | 16. Set up and take down equipment used in exercise | |
| | | | | | | | | 17. Identify reasons for using the following modalities: thermal agents, ultrasound, electromagnetic agents, cryotherapy agents, hydrotherapy agents, electrical modalities, and traction | |
| | | | | | | | | Other: | |

| | | | | | | | | |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | E. Conduct ROM exercise and ambulation | Notes: |
| | | | | | | | 1. Complete upper extremity and lower extremity active, passive and assisted ROM exercises | |
| | | | | | | | 2. Ambulate patient using crutches, walkers, or canes | |
| | | | | | | | 3. Identify gait patterns and training techniques used in physical therapy | |
| | | | | | | | 4. Using gait belt, ambulate patient on level surfaces, stairs, ramps and environmental terrain | |
| | | | | | | | Other: | |

| | | | | | | | | |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | F. Maintain treatment areas | Notes: |
| | | | | | | | 1. Check linens and supplies and restock as needed | |
| | | | | | | | 2. Follow precautions when using chemicals | |
| | | | | | | | 3. Prepare treatment booth | |
| | | | | | | | 4. Return equipment to storage area | |
| | | | | | | | 5. Perform routine cleaning and maintenance of equipment | |
| | | | | | | | 6. Clean whirlpool or full body tank | |
| | | | | | | | Other: | |

| | | | | | | | | |
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| 0 | 1 | 2 | 3 | 4 | 5 | 6 | G. Demonstrate professional interpersonal and communication skills | Notes: |
| | | | | | | | 1. Identify effective telephone techniques | |
| | | | | | | | 2. Fill out message slip | |
| | | | | | | | 3. Greet patients and visitors | |
| | | | | | | | 4. Communicate with the health team members | |
| | | | | | | | 5. Maintain client medical records and perform other clerical duties as assigned | |
| | | | | | | | Other: | |