

Student Exercise

Complete the following short-answer questions.

1. Describe two methods to transfer a client.
 - a.
 - b.
2. Name five safety measures to observe when transferring clients.
 - a.
 - b.
 - c.
 - d.
 - e.
3. Name three pieces of equipment that are used for transferring clients.
 - a.
 - b.
 - c.
4. You are caring for a client. She is sitting in a chair but has slid forward and is out of body alignment and appears to be uncomfortable. How will you reposition her?

Circle the answer that corresponds to the correct answer.

5. Which of the following best describes proper body alignment?
 - a. Back is kept two inches from back of chair.
 - b. Hips and buttocks are against the back of chair.
 - c. Feet are freely dangling on the floor.
 - d. Knees are pressed against the edge of the chair.