

Chapter 15

HAIR CARE

PROCEDURE FOR COMBING/BRUSHING HAIR:

1. Gather necessary equipment.
2. Wash your hands.
3. Explain what you are going to do.
4. Provide privacy.
5. Place a towel across the pillow if the client is in bed. For the sitting client, place a towel around shoulders.
6. If the client wears eyeglasses, remove them and put them in a safe place. Remove hairpins, combs, etc.
7. Brush or comb hair gently using downward strokes. To remove tangles, start at the bottom of the hair and work toward the scalp.
8. Arrange hair as desired by the client.
9. Replace eyeglasses if previously removed.
10. Remove, clean, and store equipment.
11. Wash your hands.
12. Record observations and report anything unusual to nurse/supervisor.