

Chapter 12

PERSONAL CARE FOR THE CLIENT

PROCEDURE FOR SHAVING CLIENT WITH ELECTRIC RAZOR:

1. Gather necessary equipment.
2. Wash your hands. Put on gloves.
3. Explain what you are going to do.
4. Provide privacy.
5. Position client in chair or sitting position in bed in well-lit private area such as the bedroom or bathroom.
6. Spread towel under client's chin.
7. Wash face thoroughly with soap and water to remove dirt and oil; pat dry.
8. Apply pre-shave lotion if client requests it or if it is part of his usual routine.
9. Start shaving from sideburns, holding skin tight and using circular motions, shave neck and around mouth.
10. When finished, apply aftershave lotion if client requests it or if it is part of his usual routine.
11. Clean razor according to manufacturer's directions or instructions from client or family.
12. Remove, clean, and store equipment.
13. Remove and dispose of gloves. Wash hands.
14. Record observations and report anything unusual to nurse/supervisor.