

own care. This enhances self-esteem and feelings for independence. Be alert for clients whose behaviors indicate their needs are not being met.

Chapter Review

1. How can the In-Home Aide meet the client's needs?
2. What are some losses the client may have experienced?
3. What are the challenges of aging that people face?
4. What can the In-Home Aide do to meet the spiritual needs of a client?
5. What can the In-Home Aide do to meet the emotional needs of a client?
6. What are ways in which the client may cope if emotional needs are not met?