

LESSON PLAN: 10

COURSE TITLE: MEDICATION TECHNICIAN

UNIT: III BODY SYSTEMS, DRUGS, AND OBSERVATIONS

EVALUATION ITEM:

NAME OF STUDENT:

COUNT APICAL PULSE

EQUIPMENT:

1. Watch with second hand
2. Alcohol wipes
3. Stethoscope with diaphragm
4. Pencil and paper

CHECK IF THE STUDENT DID THE FOLLOWING	YES	NO
1. Wash your hands		
2. Assemble necessary equipment		
3. Identify and greet resident. Identify self.		
4. Explain what you are going to do.		
5. Provide privacy.		
6. Resident should be in sitting/supine position.		
7. Clean the earpieces and stethoscope's diaphragm with alcohol wipes.		
8. Raise the resident's gown to expose the nipple area of the left chest. Do not expose more of the chest than necessary.		
9. Warm the stethoscope's diaphragm with your hands before placing it on the chest.		
10. Place the stethoscope's earpieces in your ears.		
11. Locate the apical pulse. The diaphragm should be placed just below the left nipple. Listen carefully.		
12. Count the pulse for 1 full minute. Note if the pulse is regular or irregular. Record pulse on sheet of paper.		

13. Cover the resident.		
14. Remove the earpieces from your ears and clean them with alcohol wipes. Also clean the diaphragm with alcohol wipes.		
15. Return stethoscope to its proper place.		
16. Wash your hands.		
17. Make the resident comfortable; place call signal within reach.		
18. Record observations and report anything unusual to the charge nurse.		

The student has satisfactorily completed the procedure “COUNT APICAL PULSE” according to the steps outlined.

Instructor's Signature
(Verifying Satisfactory Completion)

Date