LESSON PLAN: 13

COURSE TITLE: MEDICATION TECHNICIAN

UNIT: IV PREPARATION AND ADMINISTRATION

PROCEDURE: PREPARE, ADMINISTER, REPORT, AND RECORD TOPICAL MEDICATIONS.

NOTE: This procedure must be separate from administration of oral medications.

- 1. Wash hands or use facility approved antibacterial hand cleanser if handwashing facilities are not available.
- 2. Review and verify medication administration records/medication cards with physician's order according to facility policy. Check for allergies.
- 3. Assemble equipment: individual medication tray, medication record/card, medicine cup, medication, clean applicators (tongue blade, cotton swab, etc.), gloves, and a small plastic trash bag.
- 4. Check medication record/card with label when removing medication from resident's individual compartment in external storage area. Review medication reference materials for any medications with which you are not familiar.
- 5. Remove medication from container. If the medication is supplied in a jar, use a clean applicator to remove the amount of medication needed and place it in a medicine cup.
- 6. Check the label with the medication record/card again.
- 7. Prepare the medication and place on the same tray with identification.
- 8. Check the label on the container a third time.
- 9. Document the medication on the MAR according to facility policy, making sure that the MAR is signed.
- 10. Carry the tray to the resident's room.
- 11. Knock on the resident's door and wait for permission before entering.
- 12. Identify yourself, and explain your purpose as your approach the resident with the medication.
- 13. Identify the resident by calling his/her name and checking ID bracelet, picture, or with a knowledgeable third person.
- 14. Provide for privacy.

- 15. Expose only the area to be treated.
- 16. Wash hands and put on gloves.
- 17. Open applicator package.
- 18. Observe skin for unusual symptoms.
- 19. Apply medication gently to skin according to doctor's orders and manufacturer's instructions.
- 20. Place applicator in a plastic trash bag. Dispose of trash bag according to facility policy.

CAUTION: Do not place trash bags in resident's trash can.

- 21. Remove gloves and wash hands.
- 22. Clean ointment tubes or bottles according to facility policy and return to storage.
- 23. Report unusual findings to the licensed nurse. Report and record essential information.