Instructional Activity 5

Worksheet

“Introduction”:

1. What is peer pressure?

“Why peer pressure can work”:

2. How might you one feel if they give into peer pressure?

3. Why might someone give into peer pressure?

“Spoken and unspoken pressure”:

4. What is spoken pressure?

5. What is unspoken pressure?

“The Tricks”

6. What is rejection?

7. What is a put down?

8. What is reasoning?

“Peer pressure can be good, too”

9. What are some good things friends can pressure you to do?

10. What are some things you could say to help a friend who is being pressured?