

DESE Model Curriculum

GRADE LEVEL/UNIT TITLE: 9-12/Family and Individual Health

COURSE CODE: 096840

COURSE INTRODUCTION:

Course Description: This course meets the needs of today's students and focuses on the promotion of personal and family health throughout the life span. It includes concepts in communicable diseases, family relations, substance abuse, nutrition, sports nutrition, fitness and other concerns pertaining to the development of personal and family health. Career opportunities in health-related fields are investigated. This course meets the high school graduation requirement for health.

Course Rationale:

To assist Missouri citizens in preparing for success in family and career life, competencies in the Family and Individual Health course taught in Family and Consumer Sciences (FCS) education programs enable students to:

- a) construct meaning pertinent to health care knowledge;
- b) communicate effectively with family members and health care providers;
- c) solve problems impacting health and wellness; and
- d) and utilize leadership, problem-solving, and communication skills to make responsible health care decisions involving individuals, families, and communities.

Guiding Principles:

Integrating Processes Of Thinking, Communication, Leadership, and Management In Order To Apply Health and Wellness Knowledge And Skills.

1. Demonstrate components of critical thinking, creative thinking, and reasoning.
2. Evaluate effective communication processes in school, family, career, and community settings.
3. Demonstrate leadership that encourages participation and respect for the ideas, perspectives, and contributions of group members.
4. Apply management, decision-making, and problem solving processes to accomplish tasks and fulfill responsibilities.
5. Examine the interrelationships among thinking, communication, leadership, and management processes to address family, community, and workplace issues.
6. Demonstrate fundamentals for college and career success (e.g., strong work ethic, time-management, positive attitude, adaptability/flexibility, stress resilience, accountability, self-discipline, resourcefulness, cooperation, self-assessment).
7. Utilize FCCLA programs and activities to facilitate the health and wellness of individuals and families.

Course Essential Questions:

1. What knowledge is needed for an individual to have a healthy lifestyle throughout their life span?
2. How does the health of the individual impact the health and well-being of the family?
3. How does the health of the individual impact the health and well-being of society?

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<p>UNIT DESCRIPTION: Unit 8 – RESEARCHING KEY CAREERS</p> <p>This unit explores careers related to the health industry and the personal and professional characteristics needed to be successful.</p>	<p>SUGGESTED UNIT TIMELINE: 2 weeks</p> <p>CLASS PERIOD (min.): 50 minute class periods</p>																									
<p>ESSENTIAL QUESTIONS:</p> <ol style="list-style-type: none"> 1. What careers are related to family/individual health? 2. What personal characteristics are needed in these career fields? 																										
ESSENTIAL MEASURABLE LEARNING OBJECTIVES	CROSSWALK TO STANDARDS																									
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;"></th> <th style="width: 10%;"></th> <th style="width: 20%;">CCSS ELA Grade Level</th> <th style="width: 10%;">NSFCSE</th> <th style="width: 10%;">DOK</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top;">1. Identify career clusters and careers related to family/individual health</td> <td></td> <td>RST.9-10.2</td> <td></td> <td style="text-align: center;">1</td> </tr> <tr> <td style="vertical-align: top;">2. Research careers related to family and individual health</td> <td></td> <td>WHST.9-10.2 WHST.11-12.2 WHST.9-10.7 WHST.11-12.7 RST.9-10.2</td> <td></td> <td style="text-align: center;">3</td> </tr> <tr> <td style="vertical-align: top;">3. Identify personal and professional characteristics needed for an individual to be successful in this field</td> <td></td> <td>RST.9-10.2</td> <td></td> <td style="text-align: center;">2</td> </tr> <tr> <td style="vertical-align: top;">4. Examine ethical and professional issues and responsibilities</td> <td></td> <td>RST.9-10.4 WHST.9-10.2.f</td> <td></td> <td style="text-align: center;">4</td> </tr> </tbody> </table>			CCSS ELA Grade Level	NSFCSE	DOK	1. Identify career clusters and careers related to family/individual health		RST.9-10.2		1	2. Research careers related to family and individual health		WHST.9-10.2 WHST.11-12.2 WHST.9-10.7 WHST.11-12.7 RST.9-10.2		3	3. Identify personal and professional characteristics needed for an individual to be successful in this field		RST.9-10.2		2	4. Examine ethical and professional issues and responsibilities		RST.9-10.4 WHST.9-10.2.f		4
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ASSESSMENT DESCRIPTIONS*: (Write a brief overview here. Identify Formative/Summative. Actual assessments will be accessed by a link to PDF file or Word doc.)

Formative Assessment _Students will examine Ethical and Professional Issues and Responsibilities and write 2-4 paragraphs identifying what they found during their research.

Summative Assessment _Compare and Contrast Career - Students will research three different careers and present in class.

***Attach Unit Summative Assessment, including Scoring Guides/Scoring Keys/Alignment Codes and DOK Levels for all items. Label each assessment according to the unit descriptions above (i.e., Grade Level/Course Title/Course Code, Unit #.)**

Obj. #	INSTRUCTIONAL STRATEGIES (research-based): (Teacher Methods)
1	1. Instructional Strategy 1_Personal Interviews, FCCLA - Teacher led discussion regarding the selection of interview professional and question selection using Personal Interviews Lesson Plan.
2, 3	2. Instructional Strategy 2_ Guest Speaker, FCCLA - Teacher will guide students on the selection of guest speakers to speak on careers using Guest Speaker Lesson Plan.
1,2,3	3. Instructional Strategy 3_Career Research, Missouri Connection - Teacher will discuss Missouri Connections Web Quest and Career Research assignment
4	4. Instructional Strategy 4_FCCLA - Ethics on the Job Lesson Plan - Teacher led discussion on ethics in the workforce
4	5. Instructional Strategy 5_Formative Assessment _Examine Ethical and Professional Issues and Responsibilities
3	6. Instructional Strategy 6_FCCLA - Job Shadow Lesson Plan - Teacher instruction on the importance of the Job Shadow experience.
3	7. Instructional Strategy 7_Summative Assessment _Compare and Contrast Career Research Project
Obj. #	INSTRUCTIONAL ACTIVITIES: (What Students Do)
1	1. Instructional Activity 1_Students will create a list of questions to ask during an interview and then conduct an interview of a professional from their career choice.
2,3	2. Instructional Activity 2_Students will select guest speakers to come into their classroom.
1,2, 3	3. Instructional Activity 3_Students will complete the Career Research, Missouri Connection
4	4. Instructional Activity 4_Students will discuss and brainstorm ethics issues in the workforce using Ethics on the Job Lesson Plan
4	5. Instructional Activity 5_Formative Assessment _Examine Ethical and Professional Issues and Responsibilities
3	6. Instructional Activity 6_FCCLA - Job Shadow Lesson Plan - Students will job shadow a professional in their career of interest

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3	7. Instructional Activity 7_Summative Assessment _Compare and Contrast Career Research Project
<p>UNIT RESOURCES: (include internet addresses for linking)</p> <p>The following links may be used to complete the assessments and activities:</p> <p>http://www.missouriconnections.org/</p> <p>http://bls.gov/oco/ (Occupational Outlook Handbook)</p> <p>http://www.asaecenter.org/AboutUs/content.cfm?ItemNumber=112562</p> <p>http://smallbusiness.chron.com/importance-obeying-rules-regulations-workplace-18690.html</p> <p>http://www.missourieconomy.org/pdfs/target_industry_competency_model_report.pdf</p>	