Families First

Planning an Event where families are able to sit down and eat together.

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<http://www.fcclainc.org/assets/files/pdf/programs/lessonplansactivities/lets_share_dinner.pdf>

**Activity Goals & Objectives**

As part of our Families First program, we want to have families share healthy meals.

**Materials** Meal planning sheet Construction paper

Printed invitation information, folded Markers

Table cloths, plates, flatware, cups and napkins

Food

**Activity Timeframe** 􀂃 One class period to plan as a group

* One class for planning the meal with the families
* Set up a night to have the dinner.

**Activity**

(Describe the independent activity to reinforce this lesson)

1. Set a price for the meal

2. Ideas to promote family discussion.

3. A letter explaining the activity will be attached to the invitation.

4. The day of the meal students will set up the classroom.

5. All students and parents will enjoy the meal together.

6. Students will clean up the area.

**Activity Wrap-up**

Discuss outcomes with families and students.

How did eating dinner together improve communication as a family?

How did student support influence these families?