

Depth of Knowledge – DOK  
 Level 1: Recall  
 Level 2: Skill/Concept  
 Level 3: Strategic Thinking  
 Level 4: Extended Thinking

**Missouri Comprehensive Guidance and Counseling Program**  
**Content Area Strand: PS Personal and Social Development**  
**Grade Level Expectations (GLE) Grades 3-5**

<b>Big Idea 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities</b>			
<b>Concept</b>	<b>GLE – Grade 3</b>	<b>GLE – Grade 4</b>	<b>GLE – Grade 5</b>
<b>A. Self-Concept</b>	Identify positive characteristics and areas for personal growth. DOK: Level 1	Recognize positive self-talk and communicate personal thoughts and feelings. DOK: Level 1	Demonstrate the personal characteristics to maintain a positive self-concept. DOK: Level 2
<b>B. Balancing Life Roles</b>	Reflect on personal roles at home and at school and identify responsibilities. DOK: Level 2	Reflect on personal roles in the community and identify responsibilities as a community member. DOK: Level 2	Develop strategies to balance family, school, and community roles. DOK: Level 3
<b>C. Being a Contributing Member of a Diverse Global Community</b>	Identify the personal characteristics needed to contribute to the classroom. DOK: Level 1	Identify the personal characteristics that contribute to the school community. DOK: Level 1	Demonstrate personal characteristics of a contributing member of the school community. DOK: Level 2
<b>Big Idea 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences</b>			
<b>A. Quality relationships</b>	Identify the interpersonal skills necessary to build quality relationships. DOK: Level 2	Demonstrate respect for others' personal opinions and ideas. DOK: Level 2	Exhibit mutual respect and compromise in relationships. DOK: Level 4
<b>B. Respect for Self and Others</b>	Recognize and respect the differences between personal culture and other cultures. DOK: Level 2	Recognize and respect diverse groups within the school and community. DOK: Level 2	Demonstrate respect for individuals within diverse groups. DOK: Level 3
<b>C. Personal Responsibility in Relationships</b>	Apply the steps of solving problems and conflicts with others. DOK: Level 3	Identify and practice the skills used to compromise in a variety of situations. DOK: Level 3	Review and implement strategies to resolve problems and conflicts successfully. DOK: Level 4
<b>Big Idea 3: PS 3 Applying Personal Safety Skills and Coping Strategies</b>			
<b>A. Safe and Healthy Choices</b>	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy life choices at school. DOK: Level 4	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy choices in various life situations. DOK: Level 4	Evaluate peer influence on problem-solving and decision-making skills. DOK: Level 4
<b>B. Personal Safety of Self and Others</b>	Identify issues that impact personal safety. DOK: Level 1	Describe different types of violence and harassment, and identify strategies for intervention. DOK: Level 3	Apply personal safety strategies as they relate to violence and harassment. DOK: Level 4
<b>C. Coping Skills</b>	Identify coping skills for managing life changes or events. DOK: Level 1	Utilize coping skills for managing life changes or events. DOK: Level 3	Evaluate various coping skills for managing life changes or events. DOK: Level 4