# **Academic Development**

2013

The units in Academic Development are designed to assist students K-12 in developing the academic skills necessary to be successful in the classroom and in life. The three major areas covered in Academic Development are:

### Applying skills needed for educational achievement.

**Major Points:** The emphasis in this area is developing "academic self-efficacy". This includes instilling the belief that every individual can set and attain academic goals. Self-management, study and test taking skills are systematically and intentionally taught to every K-12 student. Sources of help are available for students; they are taught to recognize the need for academic assistance and where and how to get help.

### Applying the skills of transitioning between educational levels.

**Major Points:** The learning within this area includes helping K-12 students acquire the information necessary to make smooth transitions from grade to grade and setting to setting (e.g. elementary school to middle school; school to post-secondary options). Understanding expectations of teachers and requirements of subject areas are examples of information that will help students understand the changes required by transitions.

## Developing and monitoring personal educational plans.

**Major Points:** The Missouri School Improvement Program requires all students to have individual educational and career plans that are initiated no later than 8<sup>th</sup> grade. This area places emphasis on the knowledge, understanding and skills K-12 students need in order to develop a meaningful educational plan. Specific tasks include: learning to set goals; developing a plan to reach goals; knowing where to go for information/assistance; reviewing and modifying plans.

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UNIT DESCRIPTION: The Successful Student	SUGGESTED UNIT	TIMELIN	IE: 4 Less	sons		
<ul> <li>Students will participate in group discussions involves skills, study skills, learning styles, goal-setting, and 6<sup>th</sup> Grade lessons include strategies that help students characteristics and skills of successful learners a help students identify their learning styles.</li> <li>7<sup>th</sup> Grade lesson is designed to help students become Self-Management Skills, Study Skills and Test-48<sup>th</sup> Grade: As a summative activity, students will evananagement, study, and test-taking skills using performance activity, <i>Getting Your Grades Toge</i> NOTE: The counselor/instructor has some latitude wish to use <i>Getting Your Grades Together</i> for pre-a may wish to introduce this activity at the beginning the conclusion of 8<sup>th</sup> grade. Still others may use this middle school process. The short-answer and essay the post-test phase at the end of 8<sup>th</sup> grade, but may b survey for earlier grades.</li> </ul>	test-taking strategies. ss explore the and strategies designed to e familiar with the purposes taking Skills. aluate their current the survey and <i>ether</i> . with this unit. Some may and post-assessment. Others of 6 <sup>th</sup> grade and again at survey throughout the questions are designed for	CLASS PERIOD (min	n.): 45	minutes ead	ch	
The counselor/instructor may want to use the survey at-risk students to discuss student perceptions versus						
ESSENTIAL QUESTIONS:		1				
<ol> <li>What does a successful student look like?</li> <li>What choices do you make that impact your si</li> <li>Why don't we all learn the same way on the si</li> </ol>						
ESSENTIAL MEASURABLE LEARNING OBJECTIVES	CCSS LEARNING GOALS (Anchor	CROSSWALK TO STANDARDS				
	Standards/Clusters)	GLSs/CLEs	PS	CCSS	OTHER ASCA	DOK
1. The student will describe five qualities and/or characteristics of a successful student.		AD.4.A.06.a.i: Develop and practice study skills		RI.6.1 RI.6.4	AD A Students will	DOK – 3

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	1 1.	r	NV C 1	• 4	
	and test-taking		W.6.1 W.6.2	acquire the attitudes,	
	strategies specific to		SL.6.1	knowledge	
	each academic area and		L.6.1	and skills	
	identify available		L.6.2	contributing to	
	resources.		L.6.3	effective	
	AD.4.B.06.a.i: Develop		L.6.4	learning in	DOK – 4
	and practice a self-		L.6.5	school and	
	management system to		L.6.6	across the	
	promote academic			lifespan.	
	success.				
	AD.4.A.07.a.i:				DOK – 3
	Demonstrate and refine				
	study skills and test-				
	taking strategies				
	utilizing available				
	academic resources.				
	AD.4.B.07.a.i:				DOK – 3
	Demonstrate and refine				
	a self -management				
	system to promote				
	academic success.				
	academic successi				
	AD.4.A.08.a.i:				DOK - 4
	Consistently apply a				DOK 4
	system of study skills				
	and test-taking				
	strategies to promote				
	academic success.				
	AD 4D 00				DOK 4
	AD.4.B.08.a.i:				DOK – 4
	Consistently apply a				
	self-management				
	system to promote				
	academic success.				
2. The student will write a paragraph describing	AD.4.A.06.a.i		RI.6.1, 4	AD A	DOK – 3
his/her individual learning style and cite three	AD.4.B.06.a.i		W.6.1, 2		DOK - 4
ways his/her academic achievement can improve	AD.4.A.07.a.i		SL.6.1		DOK – 3
	AD.4.B.07.a.i		L.6.1-6		DOK – 3
using learning style strategies.	AD.4.A.08.a.i				DOK - 4
	AD.4.B.08.a.i				DOK - 4

3. The student will identify two or more skills in the categories of study skills, test-taking skills, and self-management skills.	AD.4.A.06.a.i AD.4.B.06.a.i AD.4.A.07.a.i AD.4.B.07.a.i AD.4.B.08.a.i AD.4.B.08.a.i	RI.7.1 RI.7.4 SL.7.1 L.7.1 L.7.2 L.7.3 L.7.4 L.7.5 L.7.6	AD A	DOK - 3 DOK - 4 DOK - 3 DOK - 3 DOK - 4 DOK - 4
4. The student will develop two academic success goals and three action steps that can be utilized to accomplish each goal.	AD.4.A.06.a.i AD.4.B.06.a.i AD.4.A.07.a.i AD.4.B.07.a.i AD.4.B.08.a.i AD.4.B.08.a.i	RI.8.4 W.8.1 W.8.10 SL.8.1 L.8.1 L.8.2 L.8.3 L.8.4 L.8.5 L.8.6	AD A	DOK - 3 DOK - 4 DOK - 3 DOK - 3 DOK - 4 DOK - 4

#### ASSESSMENT DESCRIPTIONS\*:

*Getting Your Grades Together* survey and performance activity. Summative Assessment will take place during the 8<sup>th</sup> grade lesson. Learners will assess their own study skills via the *Getting Your Grades Together* survey. After assessing their skills, students will write an essay describing their plans for applying what they have learned in middle school to high school work. Essays will include the following elements: Discussion of strengths and limitations in the areas of: Self-Management Skills; Study Skills, and Test-taking skills and the steps to personal success in each skill area. This will be a formal essay and follow the conventions of standard English. To add interest, essay may be written as a letter to self.

Obj. #	INSTRUCTIONAL STRATEGIES (research-based): (Teacher Methods)
	x Direct
	x Indirect
	x Experiential
	x Independent study
	x Interactive Instruction
1	See Lessons:
2	Grade 6:
3	Lesson 1 Picturing the Successful Student
4	Lesson 2 What's Your Style?
	Grade 7:
	Lesson 3 Let's Review for Better Achievement
	Grade 8:
	Lesson 4 Just Checking

Obj. #	INSTRUCTIONAL ACTIVI	TIES: (What Students Do)			
1 2 3 4	Lesson 2 What's Grade 7:	Review for Better Achieven	Experiential:          Field Trips          Narratives          Conducting Experiments          Simulations          Games          Storytelling          Focused Imaging          Field Observations          Model Building	Independent Study        x_ Essays (Ls. 2)        Computer Assisted         Instruction         Journals         Learning Logs         Reports         Correspondence Lessons         Learning Contracts (Ls. 4)         Homework         Research Projects         Assigned Questions         Learning Centers	Interactive Instruction         Debates         Panels         Peer Partner Learning         N Discussion (Ls. 1)         Laboratory Groups         X Discussion (Ls. 1)         Laboratory Groups         X Think, Pair, Share (Ls. 1-4)         X Cooperative Learning         (Ls. 1)         Jigsaw         Structured Controversy         Tutorial Groups         Interviewing         Conferencing
<u>http://v</u> <u>http://v</u>	www.missouricareereduca	ition.org/doc/guideIsn/AD4		indards.org/	
ASCA N	ational Standards for Stud	ents (ASCA), accessed June	e 11, 2013, from		

http://static.pdesas.org/content/documents/ASCA\_National\_Standards\_for\_Students.pdf