

Unit #1 Title: My Personal Plan of Study

Lesson Title: Evaluating and Revising the Personal Plan of Study

Lesson: 5 of 6

Grade Level: 11

Length of Lesson: 30-45 minutes

Missouri Comprehensive Guidance and Counseling Domain:

AD.6: Developing and Monitoring Personal Educational Plans

Grade Level Standards (GLS):

AD.6.A.11.a. Evaluate and revise Personal Plan of Study for life-long learning.

American School Counselor Association National Standard (ASCA):

Academic Development

B. Students will make decisions, set goals, and take necessary action to achieve goals.

Materials (include activity sheets and/ or supporting resources)

ACT Test Dates and ACT Information
 ACT Prep Class Information
 Visitation Dates for Post-Secondary Options
 Literature for Education/Training Options
 Career Fair Dates
 ASVAB Test Dates
 PSAT Dates
 Dual Enrollment Information
 College Day Visitation Information
 Information on Credit Recovery

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 2. Conduct research to answer questions and evaluate information and ideas 6. Discover and evaluate patterns and relationships in information, ideas and structures
	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems 5. Reason inductively from a set of specific facts and deductively from general premises 6. Examines problems and proposed solutions from multiple perspectives
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas
Mathematics	
X Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

Perseverance		Integrity	X	Problem Solving
Courage		Compassion		Tolerance
Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will establish an individual calendar of important dates and activities related to his/her Personal Plan of Study.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLS's.
Assessment can be question answer, performance activity, etc.
 The students will select events to attend that support their Personal Plan of Study.

Lesson Preparation

Essential Questions:

How do you revise your **Personal Plan of Study** for life-long learning?

Engagement (Hook):

Do you need to change your Personal Plan of Study? Show students their credit study sheets.

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
1. Present calendar with information on upcoming events for 11 th grade students.	1. Students will participate or sign up for upcoming events that are of personal interest.
2. Encourage students to gather information materials when they participate in events.	2. Students will review the materials and make note of information to remember.

<p>3. Explain credit reviews and Personal Plan of Study meetings and the value of meeting individually with the school counselor. Inform students that individual appointments are available for credit reviews and plan revisions.</p> <p>4. Counselor instructs students to include the dates of at least three important events in their planners.</p>	<p>3. Students will review the process for making appointments. They will schedule an appointment with counselor.</p> <p>4. Students record the dates of at least three important events in their planners.</p>
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Teacher Follow-Up Activities

The teacher will follow up and reinforce the information shared during the session.

Counselor reflection notes (completed after the lesson)

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