Unit #1 Title: The Many Faces of Me

Grade Level: K

Number of Lessons in Unit: 2

Time Required for each lesson: 20-30 minutes

Best time of year to implement this Unit: Anytime (May be used to start off the year, or throughout the year as a refresher)

Lesson Titles:

Lesson 1: Happy, Sad, Scared and Mad: All Belong To Me

Materials/Special Preparations Required

Drawings or pictures from magazines of basic feelings (happy, sad, mad, scared) Construction or card stock paper Markers

Worksheet: Feelings Worksheet (attached)

Lesson 2: How I Act Is Who I Am

Materials/Special Preparations Required 2 puppets Posters of the words "Caring" "Responsible" "Respectful" "Cooperative"

Missouri Comprehensive Guidance Standard:

PS.1: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities

Grade Level Expectation(s):

PS.1.A.0K.a.i: Identify basic feelings.

PS.1.B.0K.a.i: Identify personal roles in the family.

PS.1.C.0K.a.i: Identify character traits needed for different situations.

American School Counselor Association National Standard (ASCA):

Personal/Social Development:

A: Students will acquire the knowledge, attitude, and interpersonal skills to help them understand and respect self and others.

Show Me Standards: Performance Goals (check one or more that apply)

	Goal 1: Gather, analyze and apply information and ideas
Х	Goal 2: Communicate effectively within and beyond the classroom
	2. Review and revise communications to improve accuracy and clarity
	3. Exchange information, questions, and ideas while recognizing the perspectives of
	others
	Goal 3: Recognize and solve problems
Х	Goal 4: Make decisions and act as responsible members of society
	3. Analyze the duties and responsibilities of individuals in societies

Linking School Success to Life Success

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This lesson supports the development of skills in the following academic content areas. Academic Content Area(s) Specific Skill(s)

Unit Assessment (acceptable evidence):

Students will discuss/respond to how they feel when they exhibit various character traits in the roles that they have in their families.

Brief Summary of Unit:

Lesson one provides students with an introduction to the four basic feelings of happy, sad, mad and scared. The lesson concludes with them completing a Feelings Worksheet.

Lesson two, through a discussion with 2 puppets, allows students to identify the roles they play in the families and the accompanying character traits that assist in them playing these roles.

Unit Goals:

Identification of basic feelings. Identification of personal roles played in the family. Identification of character traits required in these roles.

Student Prior Knowledge: What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Familiarity with basic feelings.