

Unit #1 Title: Personal Safety Skills and Coping Strategies

Lesson Title: Fatal Accident

Lesson # 4 of 5

Grade Level: 11

Length of Lesson: 45-50 minutes

Missouri Comprehensive Guidance Standard:

PS.3: Applying Personal Safety Skills and Coping Strategies

Grade Level Expectation (GLE):

PS.3.A.11.a.i: Analyze the impact of personal decisions on the safety and health of self and others.

PS.3.B.11.a.i: Demonstrate skills that reinforce a safe environment for all students.

PS.3.C.11.a.i: Apply individual coping skills to manage life-changing events.

American School Counselor Association National Standards (ASCA):

Personal Social Development

C. Students will understand safety and survival skills.

Materials (include activity sheets and/ or supporting resources)

Docudrama or program provided by community emergency agencies (e.g. highway patrol, police, fire department, hospital).

Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: Gather, analyze and apply information and ideas
X	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)		Specific Skill(s)
X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
X	Mathematics	3. Data analysis, probability and statistics
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions
X	Science	2. Properties and principles of force and motion
X	Health/Physical Education	5. Methods used to assess health, reduce risk factors, and avoid high risk behaviors (such as violence, tobacco, alcohol and other drug use) 7. Responses to emergency situations.
	Fine Arts	

Enduring Life Skill(s)

X	Perseverance	X	Integrity	X	Problem Solving
X	Courage	X	Compassion	X	Tolerance
X	Respect	X	Goal Setting		

Lesson Assessment (acceptable evidence):

Formative assessment relates to the summative assessment for unit (performance outcome for goals, objectives and GLEs). Assessment can be question answer, performance activity, etc.

Students utilize, evaluate, review, and refine decision-making skills referencing risk-taking behaviors; address personal/safety issues, and management of life changing events through discussion.

Lesson Preparation

Essential Questions:

- How do safe and healthy life choices affect our lives?
- What resources are available to manage life-changing events?

Engagement (Hook): Play audio of sounds of an automobile crash, including the silence the That follows the crash. After students hear audio of crash ask: "What was that!?"
 Students share their thoughts and feelings about what they heard.

Procedures

Instructor Procedures:	Student Involvement:
1. The counselor will introduce the presenter.	1. Students will listen to the introduction of the presenter. Each student will formulate (in writing) at least one personally relevant question he or she wants to have answered.
2. The presenter from an Emergency Personnel Agency will present information.	2. Students will listen to the presentation and formulate additional questions.
3. Presenter and/or counselor will lead follow-up discussion.	3. In small groups students will participate in discussion of the meaning/application of concepts presented.
4. Presenter will provide handouts/resources from their area of specialty.	4. Students receive information provided, review and ask questions..

Teacher Follow-Up Activities

Teacher will refer student to appropriate resources with student concerns.

Counselor reflection notes (completed after the lesson)