

Unit #2 Title: How Does A Person Cope With Life Changing Events?	Grade Level: 4
Number of Lessons in Unit: 2	
Time Required for each lesson: 45 minutes each	
Best time of year to implement this Unit: Anytime	
Lesson Titles:	
Lesson 1: Conflict Mediation Part 1: Getting ready	
Materials/special preparations Required:	
Student handouts (What is Conflict? Graphic organizer, Three different approaches to conflict sheet, Mediation do's and don'ts, and communication pyramid.)	
Chart paper	
Markers	
Pencils	
Post it notes	
Lesson 2: Conflict Mediation Part 2: Practice.	
Materials/special preparations Required:	
Mediation contract	
Student handouts from part 1	
Missouri Comprehensive Guidance Standard:	
PS.3: Applying personal safety skills and coping strategies.	
Grade Level Expectation(s):	
PS.3.C.04.a.i: Utilize coping skills for managing life changes or events.	
American School Counselor Association National Standard (ASCA):	
Personal/Social Development	
B. Students will make decisions, set goals and take necessary action to achieve goals	
C. Students will understand safety and survival skills	

Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research
X	Goal 2: Communicate effectively within and beyond the classroom 1. Plan and make written, oral and visual presentations for a variety of purposes and audiences 2. Review and revise communications to improve accuracy and clarity 3. Exchange information, questions and ideas while recognizing the perspectives of other
X	Goal 3: Recognize and solve problems 1. Identify problems and define their scope and elements 2. Develop and apply strategies based on ways others have prevented or solved problems.

	Goal 4: Make decisions and act as responsible members of society and others
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This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)		Specific Skill(s)
X	Communication Arts	1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) 6. Participating in formal and informal presentations and discussions of issues and ideas
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions
	Science	
	Health/Physical Education	
	Fine Arts	

Unit Assessment (acceptable evidence):

Students will use the skills learned about conflict mediation in practice mediation sessions using real life situations.

Brief Summary of Unit:

Students will learn about kinds of conflict and how they affect the body and stress levels. They will learn techniques that can be used to help solve conflict.

Unit Goals:

Students will acquire techniques to use to handle conflict and relieve stress.

Student Prior Knowledge: What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Students will need basic knowledge of how to work together in groups.