

Unit #2 Title: Life-Changing Events	Grade Level: K
Number of Lessons in Unit: 2	
Time Required for each lesson: 30 minutes	
Best time of year to implement this Unit: Anytime	
Lesson Titles:	
Lesson 1: How Families Change	
Materials/Special Preparations Required:	
Paper and drawing materials.	
Lesson 2: Other Changes	
Materials/Special Preparations Required:	
Paper and drawing materials	
A picture of a child starting school and a picture of a family moving.	
The lesson song "I Can Change." (included)	
Missouri Comprehensive Guidance Standard:	
PS.3: Applying Personal Safety Skills and Coping Strategies.	
Grade Level Expectation(s):	
PS.3.C.0K.a.i: Identify different life changes or events.	
American School Counselor Association National Standard (ASCA):	
Personal/Social Development	
C: Students will understand safety and survival skills.	

Show Me Standards: Performance Goals (check one or more that apply)

	Goal 1: Gather, analyze and apply information and ideas
	Goal 2: Communicate effectively within and beyond the classroom
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society 7. Identify and apply practices that preserve and enhance the safety of self and others.

This lesson supports the development of skills in the following academic content areas.

	Academic Content Area(s)	Specific Skill(s)
X	Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
	Mathematics	
	Social Studies	
	Science	
	Health/Physical Education	
	Fine Arts	

Unit Assessment (acceptable evidence):

Lesson 1: Students will draw pictures of their families. Students will “Show and Tell” about their families with emphasis on how their families might have changed.

Lesson 2: Students will draw a picture of something they had to change when he/she started kindergarten.

Brief Summary of Unit:

In lesson one, students are given the opportunity to share how their families may have changed and participate in a discussion addressing the following concepts: Change is a natural part of life. Change may require coping skills. In lesson two, students will share their stories about life-changing events as prompted by drawing a picture of the changes he/she has made as a result of being a kindergarten student for the first time.

Unit Goals: (Lessons 1 and 2)

1. Students will be able to identify some of the changes that occur within families.
2. Students will understand that change is a natural part of life and that some changes may require coping skills.
3. Students will understand that all people experience some kind of changes in their lifetime and that such life-changing events may require coping skills.

Student Prior Knowledge: What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Knowledge that people come from different types of families.