

EXPECT THE UNEXPECTED

Purpose: This lesson helps students clarify expectations of varying situations; students are provided an opportunity to prepare for meeting expectations in high school.

Time Required for Lesson: 30 minutes

Grade Level: 8

Missouri Comprehensive Guidance Strand: Academic Development

Big Idea: AD5 Applying the Skills of Transitioning Between Educational Levels.

Concept: AD.5.A. Transitions

ASCA Standards: Academic Development

A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.

Materials: None

Comprehensive Guidance Program Curriculum Unit/Lesson links

Grade 8 Unit: Moving On...Transitioning to the High School **Concept:** AD 5.A



Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: gather, analyze and apply information and ideas 6. discover and evaluate patterns and relationships in information, ideas and structures 8. organize data, information and ideas into useful forms (including charts, graphs, outlines) for analysis or presentation
X	Goal 2: communicate effectively within and beyond the classroom
X	Goal 3: recognize and solve problems
X	Goal 4: make decisions and act as responsible members of society 5. develop, monitor and revise plans of action to meet deadlines and accomplish goals 8. explore, prepare for and seek educational and job opportunities

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)

Specific Skill(s)

X	Communication Arts	1. Participating in formal and informal presentation and discussion of issues and ideas.
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions.
	Science	
	Health/Physical Education	
	Fine Arts	

Enduring Life Skill(s)

X	Perseverance		Integrity		Problem Solving
	Courage		Compassion		Tolerance
X	Respect	X	Goal Setting		

Lesson Assessment acceptable evidence of what learners will know and be able to do as a result of this lesson:

Students write two expectations and how they plan to address each.

Lesson Preparation

Essential Questions: What will be expected of you in high school? How will you go about meeting those expectations?

Engagement (Hook): Preparing for the unexpected. What roles do expectations play in our lives.

Procedures

<i>Professional School Counselor Procedures:</i>	<i>Student Involvement:</i>
1. Discuss with students the role expectations play in our lives. Indicate that expectations are always present and come from ourselves or others. Use family expectations as an example for discussion	1. Students listen and discuss past or current expectations.
2. Ask students: How do you respond to expectations?	2. Students share and discuss how they respond to expectations.
3. Have students make a list of expectations for high school. Include expectations from parents, teachers, friends, and themselves.	3. Students make a list of expectations for high school and include those expectations from parents, teachers, friends, and themselves. Students discuss feelings of meeting the expectations.
4. Ask the following: a) which expectations will be the most difficult to meet? Why? b) Which expectations do you look forward to meeting? Why?	4. Students respond to questions and engage in discussion