

TRANSITIONING FROM MIDDLE SCHOOL TO HIGH SCHOOL

Purpose: These two lessons help alleviate some of the anxiety MS/JH students experience as they prepare to make transition into high school. Students' questions are submitted anonymously for high school students to answer.

Time Required for Lesson: Two 50 minute sessions **Grade Level:** 8

Missouri Comprehensive Guidance Strand: Academic Development

Big Idea: AD.4: Applying Skills Needed for Educational Achievement

Concept: AD.4.A. Transitions

ASCA Standards:

A: Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan.

Materials: A medium-sized box, High school students for a panel

Comprehensive Guidance Program Curriculum Unit/Lesson links

Grade 8 **Unit:** The Successful Student **Concept:** AD 4.A  

Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 6. Discover and evaluate patterns and relationships in information, ideas, and structures. 8. Organize data, information and ideas into useful forms for analysis or presentation 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens, and consumers.
X	Goal 2: communicate effectively within and beyond the classroom 1. Plan and make written, oral and visual presentations for a variety of purposes and audiences. 2. Review and revise communications to improve accuracy and clarity. 3. Exchange information, questions information and ideas while recognizing the perspective of others
X	Goal 3: recognize and solve problems 1. Identify problems and define their scope and elements. 3. Develop and apply strategies based on one's experience in preventing or solving problems. 4. Evaluate the processes used in recognizing and solving problems. 7. Evaluate the extent to which a strategy addresses the problem.
X	Goal 4: make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions. 4. Recognize and practice honesty and integrity in academic work and in the work place. 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals.

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
Communication Arts	Goal 1: Gather, analyze and apply information and ideas Writing, evaluating information, discussion
Mathematics	
X Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions.
Science	
Health/Physical Education	
Fine Arts	

Enduring Life Skill(s)

X	Perseverance	X	Integrity	X	Problem Solving
X	Courage		Compassion	X	Tolerance
X	Respect	X	Goal Setting		

Lesson Assessment (acceptable evidence of what learners will know and be able to do as a result of this lesson):

Students write two to three questions they have about high school and observation of student engagement in the panel discussion

Lesson Preparation

Essential Questions: How do people handle transitions? What questions are helpful in making transitions?

Engagement (Hook): Have high school students enter the room and ask the following question: Can these students help you with your move from middle to high school?

Procedures

Professional School Counselor Procedures:	Student Involvement:
<p>Session I</p> <ol style="list-style-type: none"> 1. Explain that students entering high school could have questions regarding the transition. Have students write two to three questions they might have regarding the transition from middle school to high school. 2. Ask students to place their questions in a box <p>Session II</p> <ol style="list-style-type: none"> 3. Introduce a high school panel with three to four high school students. Have high school students to draw questions from the box and provide answers based upon his or her experiences. 	<ol style="list-style-type: none"> 1. Students write two to three regarding transition from middle to high school 2. Students place questions in the box 3. Students listen and ask questions for clarification.