

BEYOND ACADEMICS

Purpose: Students learn about the benefits of participating in extracurricular activities.

Time Required for Lesson: 30 minutes

Grade Level: 6-7

Missouri Comprehensive Guidance Strand: Academic Development

Big Idea: AD 6: Developing and Monitoring Personal Educational Plans

Concept: AD.6.A. Educational Planning for Lifelong Learning

ASCA Standard: Academic Development

B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options including college.

Materials: None

Comprehensive Guidance Program Curriculum Unit/Lesson links

Grade 6-7 **Unit: My Path to Success** **Concept: AD 6.A.**  

Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: gather, analyze and apply information and ideas 8. Organize data, information and ideas into useful forms (including charts, graphs and outlines) for analysis or presentation. 10. Apply acquired information, ideas and skills to different contexts as students, workers, citizens and consumers.
X	Goal 2: communicate effectively within and beyond the classroom
X	Goal 3: recognize and solve problems 5. reason inductively from a set of specific facts and deductively from general premises
X	Goal 4: make decisions and act as responsible members of society 1. explain reasoning and identify information used to support decisions 5. develop, monitor and revise plans of action to meet deadlines and accomplish goals 8. explore, prepare for and seek educational and job opportunities

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)

Specific Skill(s)

	Communication Arts	
	Mathematics	
X	Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions.
	Science	
	Health/Physical Education	
	Fine Arts	

Enduring Life Skill(s)

X	Perseverance	X	Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
X	Respect	X	Goal Setting		

Lesson Assessment acceptable evidence of what learners will know and be able to do as a result of this lesson:

Students suggest two extracurricular activities that he or she plans to participate or is interested in.

Lesson Preparation

Essential Questions: What is the importance of extracurricular involvement?

Engagement (Hook): Have two scales and place a strip of paper with “Academics” and “Extracurricular Activities” written on them. Place a strip on each scale. Ask: Is there is more to school than academics!

Procedures

<i>Professional School Counselor Procedures:</i>	<i>Student Involvement:</i>
1. Explain the benefits of student involvement in extracurricular activities. Student can be positive contributors to the school environment	1. Students share and discuss involvement in extracurricular activities
2. Make three columns on the board “Interests,” “Activities,” and “Suggestions.”	2. Students observe
3. Ask students to share things they like to do or would like to do in his or her spare time. Provide examples, playing sports, listening to music, going to movies, fixing things, etc. List suggestions under “Interest”	3. Students share various interest
4. Ask student to list all the extracurricular activities available at your school.	4. List extracurricular activities suggested by students on the board under the “Activities” column. Discuss those activities for student involvement or potential involvement
5. Ask students to suggest activities of interest that are not available at their school. Place those activities under “Suggestion.” Take a poll of how many students are interested in the activities and provide a numerical value for each.	5. Students suggest activities of interest that are not available at his or her school. Students vote on activities they would like to see available.
6. Explain that if many students are interested in a suggested activity, those students should approach school staff members who might be able to help.	6. Students speak to staff regarding possible activities that are not currently available at his or her school.