

MISSOURI COMPREHENSIVE GUIDANCE PROGRAM (MCGP) SUPPLEMENTAL LESSONS/CROSSWALK TO MCGP UNITS/LESSONS

The MCGP Supplemental Activities were adapted from activities included in "The Box" which was developed in 1998. While "The Box" is no longer available, the supplemental activities are based on activities from "The Box". This crosswalk includes a listing of supplemental activity titles and links to related MCGP Units/Lessons. The supplemental activities may be used alone or incorporated into the existing sample K-5 units/lessons. ****As an aid to those who have used/are still using "The Box", the "Box" numbers are included for your reference; "New Title" indicates lessons that have a new title (if you have never heard of "The Box", ignore all references to "The Box" ☺).**

Note: Grade levels are suggested levels; most activities may be modified for any grade level.

PERSONAL AND SOCIAL DEVELOPMENT STRAND

GRADE LEVEL(s)	MCGP STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	**1998 The Box Number(s)
PERSONAL SOCIAL (PS) K-12 CONCEPTS					
PS.1.A. Self concept PS.1.B. Balancing life roles PS.1.C. Citizenship and contribution within a diverse community			PS.2.A. Quality relationships PS.2.B. Respect for self and others PS.2.C. Personal responsibility in relationships	PS.3.A. Safe and healthy choices PS.3.B. Personal safety of self and others PS.3.C. Coping skills	
PS Development Elementary: Primary (EP) Grades K-3					
2-4	PS.1.A	Experimenting With Anger (2 Lessons)	Students learn that identifying feelings (in this case, anger) is the first step in recognizing a problem and beginning to solve it.	3rd Grade PS 2.B Unit: Respecting Individual And Group Differences 5th Grade PS.3.A/PS 3.B Unit: Keeping Myself Safe By Making Safe And Healthy Choices	EP 97
2-3	PS.1.B	I Like To... (1 Lesson)	Students become familiar with the terms “leisure time” and “leisure activities” and review their current leisure activities and the leisure activities they would enjoy	Kdg. CD.7.A Unit: Developing Awareness of Work and Workers 2nd Grade CD 7.A Unit: Work, Career Paths and Me!	EP 71
K-3	PS.1.B	I’ll Do My Share (2 Lessons)	Students learn about their import roles in their families and the importance of everyone doing his or her share of work.	Kdg PS.1.B/C Unit: The Many Faces of Me 3 rd Grade PS.1.B Unit: Who Am I?	EP 255
1-3	PS.2.B	Circle Of Cooperation (1 Lesson)	This lesson emphasizes the importance of respect, cooperation and involvement of ALL students in learning groups.	Kdg CD 9 Unit 1: Working Together	EP 53

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3	PS.2.B	We are Like All Others, We are Like Some Others AND We are Different from All Others (1 Lesson)	This lesson adds to students' foundation for respecting differences. Students learn that differences are neither good nor bad	PS 2 UNIT: Friendship is the Perfect Blendship PS 2 UNIT: Elementary Interactions	EP 193 New Title
K-3	PS.2.B	Self-Control (1 Lesson)	Students learn the meaning of self-control and consequences, identify situations in which they might lose their self-control, and are introduced to the concepts of "personal responsibility", "choice" and saying "NO" to themselves.	1st Grade PS.2 Unit: Elementary Interactions 2nd Grade PS.2 Unit: Individual and Group Differences 2nd Grade PS.3.C Unit: How Does One Cope with Life-Changing Events? 3rd Grade PS.3 Unit: Respecting Individual and Group Differences	EP 201
3-5	PS.3.A	I Know How To Say "No!" I Say "No"! I Know The Consequences (4 Lessons)	The lessons provide rehearsal in the art of saying "no"; encouragement for students to trust their own judgment and avoid negative peer pressure, opportunity to explore the consequences of saying "NO" and to hypothesize how they will cope with consequences that may change their relationships with friends.	2nd Grade PS.2 Unit: Individual And Group Differences 3rd Grade PS.2 Unit: Respecting Individual And Group Differences 4th Grade PS.2 Unit: What Does It Take To Get Along W/Others? 5th Grade PS.2 Unit: Respecting Differences In Others 3rd Grade PS.3.A/B Unit: What Are Safe And Healthy Choices, And How Do I Keep Myself Safe? 4th Grade PS.3.A/B Unit: Keeping Myself Safe By Making Safe And Healthy Choices	Combined: EP 155, EP 213, EP 215 & EP 219 New Title
K-3	PS.3.A	Creative Choices (1 Lesson)	This lesson introduces (or with older students, reinforces) the concept that every person has the ability to make safe and healthy choices.	Kdg PS3.1/3.2 Unit: What Are Safe and Healthy Life Choices? 1st grade PS3.1/3.2Unit: Following Personal Safety Rules 2nd grade PS3.1/3.2Unit: What Are Safe and Healthy Choices, and How Do I Keep Myself Safe? 3rd grade PS3.1/3.2 Unit: What Are Safe and Healthy Choices, and How Do I Keep Myself Safe?	EP 143

GRADE LEVEL(s)	MCGP STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	**1998 The Box Number(s)
K-3	PS.3.A	Mistakes (1 Lesson)	This lesson gives students the opportunity to evaluate decisions and make changes when necessary. Learning from mistakes is emphasized. Evaluating decisions and making changes are essential components of making safe and healthy choices throughout one's life. This lesson gives students a head start.	This lesson may be used to complement any MCGP Unit/Lesson that addresses goal setting/decision-making—or any lesson/situation in which students are hesitant to try because they are afraid of making mistakes.	EP 157
2-3	PS.3.A, B, & C	Where To Turn/Who Can Help?? (2 Lessons)	Students identify resource people from whom they can seek help for self and/or for friends.	Kdg PS 3.C Unit 2: Life Changing Events Kdg PS 3.A/Ps.3.B Unit 1: What Are Safe And Healthy Life Choices? 2nd Grade PS 3.A/Ps.3.B.Unit 1: What Are Safe And Healthy Choices, And How Do I Keep Myself Safe? 3rd Grade PS 3.C Unit 2: How Does One Cope With Life-Changing Events?	Combined: EP 199, 253 223 New Title
PS Development: Elementary Intermediate (EI) (4-6)					
4-6	PS.1.A PS.3.C	Fears: You Can Master Them! (1 Lesson)	This lesson helps students explore their fears and the steps to mastering fears. Students learn about warning-fears, the positive purpose they serve (protection) AND that they can master the fear instead of letting the fear master them. Students complete a self-assessment of their fears; discuss what they discovered about their fears, learn a process for mastering fears and develop a plan to master one of their fears.	There is not a Unit/Lesson which directly addresses individual fears. Fearful behavior, thoughts, feelings or conversations are often by-products of crisis situations; especially situations that are extreme and, perhaps, dangerous (e.g., the kidnapping or violent death of a schoolmate, natural disasters [tornados, floods], school invasions). This activity may be used when those situations arise or with any unit/lesson addressing feelings and/or self-knowledge.	Combined: EI 85 & 89 New Title

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4-6	PS.1.A. PS.2.B PS.3.A	Peer Pressure: What to do About It! (3 or 4 Lessons)	This series of three (or four) lessons strengthens students' resistance to negative peer influence/pressure. Students learn to recognize "inner me" internal anchor characteristics. Students learn about the influence friends have on each other's lives and the choices they make and to distinguish between positive and negative influence. They learn to define negative peer pressure as inappropriate use of power and/or threat. Students learn steps they can take to deal with on-going negative peer pressure situations. In addition, the difficulty of resisting negative peer pressure is recognized and addressed.	5 th Grade PS.3.C Unit: Keeping Myself Safe by Making Safe and Healthy Choices	Combined: EI 81, 161, 169 New Title
4-6	PS.1.A.	Self-Esteem: Warm Fuzzies or Cold Pricklies (Lesson may be divided into two [2] parts)	Students learn to replace the negative messages of others with positive self-talk. Students' self-esteem (value of self as a worthy human being) is influenced by students' ability to hear the negative statements without believing them. This lesson does NOT suggest that students' challenges should be sugar-coated or ignored; honest/instructive feedback and self-assessment about academic performance strengthens students' valuing of self as worthy human beings.	4 th Grade PS.1.A. Unit: How Do I Fit In? 5 th Grade PS.1.A. Unit: I Understand Me	EI 147 New Title
4-6	PS.1.B.	Leisure, Interests and Hobbies (2 Lessons)	These two lessons emphasize the importance of leisure to an individual's well-being. Students complete a self-assessments of leisure activities; balancing life roles is the underlying theme.	4 th Grade PS.1.B Unit: How Do I Fit In? (Lesson 2) 5 th Grade PS.1.B Unit: I Understand Me (Lesson 3)	Combined: EI 75 & 77 New Title
4-6	PS.2.B	Conflict Resolution (5 Lessons)	This series of 5 lessons explores conflict and its resolution. Self-Assessments of students' current/past methods for resolving conflicts are used to help students evaluate the effectiveness and/or ineffectiveness of their methods. Emphasis: win-win conflict resolution skills can be learned.	4 th Grade PS.2 Unit: What Does It Take to Get Along w/Others? 5 th Grade PS.2 Unit: Respecting Differences in Others 6 th Grade PS.2 Unit: What Do Skills Have to Do with It?	Combined: EI 257, 261, 269 New Title

GRADE LEVEL(s)	MCGP STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	**1998 The Box Number(s)
4-6	PS.2.B	Working In Groups: It Takes Skill! (4 Lessons)	This series of 4 lessons facilitates the development and internalization of students' understanding of group skills. The foci of the lessons are the development of students' awareness of group roles, identification of the roles they assume in groups and introduction to the universal skills required for joyful, respectful, collaborative and cooperative participation in classroom task groups.	4 th Grade PS.2.B. Unit: What Does It Take to Get Along w/Others? 5 th Grade PS.2.B. Unit: Respecting Differences in Others 6 th Grade PS.2.A. Unit: What Do Skills Have to Do with It? (Lesson 1) 6 th Grade PS.1.A, C. Unit: TEAMS: Together Everyone Assures My Success	Combined: EI 22, 135 , 271, 277 New Title
4-6	PS.3.A	Learning to Make Decisions (3 Lessons)	This series of three (3) lessons emphasizes students' awareness of what is important to them, what influences their decision-making and the importance of compromise AND standing-up for what is personally important—advocating for self AND being flexible in thinking collaborating with peers. The Peer Pressure series of activities (especially Lesson 1), extend students' internalization of decision-making that is guided by what is important to them—as a worthy human being.	4 th Grade PS.3.A,B Unit: Keeping Myself Safe by Making Safe and Healthy Choices (Lesson 1- Bullying) 5 th Grade PS.3.A,B Unit: Keeping Myself Safe by Making Safe and Healthy Choices (esp., Lesson 1 Peer Infl.) Grade 5 PS.3.A&B Unit: Keeping Myself Safe by Making Safe and Healthy Choices (esp., Lesson 2 Coping...)	Combined: EI 151, 155, 157, 185 New Title
4-6	PS.3.A	Teach the Risks (1 Lesson)	Because many adults drink alcohol without encountering problems, some students may be confused about the risks of alcohol. This activity demonstrates that alcohol affects a smaller person differently than a larger person. This lesson provides an opportunity to collaborate with other educators; in addition, it may be used as an intro to decision-making and peer pressure lessons.	4 th Grade PS.3.B Unit: Keeping Myself Safe by Making Safe and Healthy Choices 5 th Grade PS.3.A, PS 3.B UNIT: Keeping Myself Safe by Making Safe and Healthy Choices	EP 203 moved from K-3 to 4-6

ACADEMIC DEVELOPMENT STRAND

GRADE LEVEL(s)	MCGP STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	1998 The Box Number(s)
ACADEMIC DEVELOPMENT K-12 CONCEPTS					
Concept: AD.4.A. Lifelong learning Concept: AD.4.B. Self-management for educational achievement			Concept: AD.5.A. Transitions Concept: AD.6.A. Educational Planning for Lifelong Learning		
AD Development: Elementary Primary (K-3)					
1-5	AD.4.B.	Ready To Learn (1 lesson)	Students learn the importance of determining the materials needed for each school subject and how to take responsibility for having their materials ready.	Kdg. AD.4 Unit: Planning for Educational Achievement 1 st Grade AD.4 Unit: Study and Work for Success 2 nd Grade AD.4 Unit: Becoming a Self-Starter 3 rd Grade AD.4 Unit: That's How You Do It! 4 th Grade AD.4 Unit: Tick-Tock Goes The Clock 5 th Grade AD.4 Unit: Successful Students!	EP 263
1-3	AD.4.B.	Ask And You Will Receive: Knowing When And How To Questions (3 lessons)	Students learn: the need and the “OKness” of asking questions; when to ask questions; how to ask appropriate questions	Note: This series of three (3) activities re: questioning may be modified to enhance any MCGP elementary unit within Academic Development Strand--Big Idea 4. [AD.4]. The unit listed below is most directly related. 1st-grade AD.4.B UNIT: Study and Work for Success	Combined: EP 279, 281 & 283 New Title
1-3	AD.4.B.	My Responsibilities Are Not So Different! (1 lesson)	Students learn that preparing for their own success requires teamwork: each student has a Student Support Team. Students identify tasks for which they are responsible each day.	1 st Grade AD 4.B Unit: Study and Work for Success 2 nd Grade AD 4.B Unit: Becoming a Self-Starter 3 rd Grade AD 4.B Unit: That's How You Do It!	EP 299
K-3	Ad.5.A.	Getting Ready For Next Year (1 Lesson)	Students learn what is expected of them in the next grade.	Kdg AD 5.B Unit: Transition into Kindergarten 1 st Grade AD 5.B. Unit: What do First Graders Look and Act Like? 2 nd Grade AD 5.B. Unit: Great Expectations! 3 rd Grade AD 5.B. Unit: How to Succeed in Third Grade	EP 307

GRADE LEVEL(s)	MCGP STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	1998 The Box Number(s)
AD DEVELOPMENT: Elementary Intermediate (4-6)					
4-6	AD.4.B.	Habits of School Success: Making Yourself a Star (1 Lesson)	This lesson is designed to help students become aware of the Habits of School Success (study habits); their current application of the habits and new strategies to use as they work to improve their academic performance. Personal responsibility, self-advocacy and the influence students have on their own success are emphasized. Self-Assessment and a Plan of Action are a part of the lesson. It may be used in conjunction with the series of 4-6 Career Development lessons "You Can Be Successful" (CD.9.A).	4 th Grade AD.4 A & B. Unit: Tick-Tock Goes the Clock 5 th Grade AD.4.A. & B. Unit: Successful Students! 6 th Grade AD.4.A. & B. Unit: The Successful Student (Lessons 1 & 2)	EI 427, 431 & 435 Combined New Title
4-6	AD.4.B.	How to Take Notes from Oral and Written Information (3 Lessons)	These three (3) lessons stress that note taking is an essential skill for success in school and in everyday life situations. Students practice note-taking from oral and written information. The lessons provide an opportunity for collaborations with classroom teachers—either as extension/reinforcement of classroom note-taking lessons or as a part of the lessons in a larger classroom note-taking unit.	4 th Grade AD.4.A, B UNIT: Tick-Tock Goes the Clock 5 th Grade AD.4.A UNIT: Successful Students!	EI 413 and 415 combined New Title
4-6	AD. 4.B.	You Have a Test Friday! Take Charge—Be Successful! (2 Lessons)	These two (2) lessons provide basic, universal test-preparation and test-taking strategies; specifically, they address the non-standardized assessment of students' knowledge/understanding of day-to-day learning in academic content areas. Self-assessment and self-advocacy are emphasized. These lessons, individually or together, may be a complement to existing test-taking and test-preparation curricula	4 th Grade AD.4.A. & B. UNIT: Tick-Tock Goes the Clock 5 th Grade AD.4.A. & B. UNIT: Successful Students!	EI 427, 431 & 435 Combined New Title

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The next sets of lessons complement/extend each other. The 2 lessons, <i>Middle School/Junior High Question Box</i> feature interaction between students in their last year(s) of elementary and a panel of MS/JH students. The <i>Getting Help in MS/JH</i> lesson features an adult (e.g., elementary OR middle school professional school counselor) who answers elementary school students' questions about MS/JH resources Both perspectives are important as younger students address questions and misconceptions about the big change.					
5 or 6 (last year of elem. school)	AD.5.A.	Middle School/Junior High Question Box (2 Lessons)	The two (2) <i>MS/JH Question Box</i> lessons provide students the opportunity to anonymously submit questions about middle school/junior high (MS/JH) and have them answered by MS/JH students.	5 th Grade AD.5.A Unit: Transition to Middle School	EI 445
		Getting Help in Middle School/Junior High (1 lesson)	The <i>Getting Help in MS/JH</i> lesson, helps students discover where they can find help if they need information or have a problem during their first weeks in middle school/junior high.		EI 449
5 or 6 (last year of elem. school)	AD.5.A AND CD.7.A.	Cumulative Record: Your Autobiography (1 Lesson)	This activity is designed to help students understand that they are writing their own story each year based upon their academic performance, behavior, achievement test scores, and attendance.	5 th Grade AD.5.A Unit: Transition to Middle School	EI 453 New Title

CAREER DEVELOPMENT STRAND

GRADE LEVEL(s)	STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	1998 The Box Number(s)
CAREER DEVELOPMENT K-12 CONCEPTS					
Concept: CD.7.A. Integration of self knowledge into life and career planning			Concept: CD.8.A. Career decision making Concept: CD.8.B. Education and Career Requirements		
Concept: CD.7.B. Adaptation to world of work change Concept: CD.7.C. Respect for all work			Concept: CD.9.A. Personal skills for job success Concept: CD.9.B. Job seeking skills		
CD: Elementary Primary (K-3)					
3 & 4	CD.7.A.	Shopping Spree (1 Lesson)	Students learn that one reason people work is to earn money to buy the things they need and want. The inter-relationship of self-knowledge, financial awareness and planning emphasized in this lesson.	3 rd Grade CD.7 Unit: Targeting Careers 4 th Grade CD.7 Unit: Finding My Place in the Community	EP 41
K-3	CD.7.A,B,C	A Penny Earned (1 Lesson)	Students learn about relationship between working and buying items they want and/or need; complements the activity “Shopping Spree” (see Shopping Spree third grade activity for CD.7.A).	2 nd Grade CD.7.A,B,C Unit: Making Connections 3 rd Grade CD.7.A,B,C Unit: Targeting Careers	EP 39
2 & 3	CD.8.B	Why do I Have to Learn ____? (1 Lesson)	Students are introduced to career information and the relationship of school subjects and specific occupations/careers	2 nd Grade CD.8.B Unit: What Work Do Adults Do in Our Community? 3 rd Grade CD.8.B Unit: Career Investigations for Jobs in the World of Work	EP 319
CD: Elementary Intermediate (4-6)					
4-6	CD.7.A. And AD.5.A	Cumulative Record: Your Autobiography (This activity is the same as AD.5.A Cumulative Record: Your Autobiography) (1 Lesson)	This activity is designed to help students understand that they are writing their own story each year based upon their academic performance, behavior, achievement test scores, and attendance.	5 th Grade AD.5.A Unit: Transition to Middle School	EI 453 New Title
4-6	CD.7.A.	Thinking about Working Conditions and Me (2 Lessons—may be condensed to 1)	Students become aware of working conditions in which they may or may not enjoy working in the future. Through self-assessment and discussion, students identify their current personal preferences in regard to working conditions.	4 th Grade CD.7.A, B, C. UNIT: Finding My Place in the Community	EI 49

GRADE LEVEL(s)	STRAND BIG IDEA CONCEPT	ACTIVITY	PURPOSE	RELATED MCGP UNITS/LESSONS	1998 The Box Number(s)
4-6	CD.7.A.	The Good Life for Me: Looking Into Myself (4 [or 5] Lessons)	Students explore ways in which schoolwork, work habits, and personality traits are relevant to present and future choices. Self-assessments are completed, and the results used to help students identify their present interests and abilities. They have an opportunity to apply this information to their present and (current) personal goals for the future.	4 th Grade CD 7.A,B,C UNIT: Finding My Place in the Community 5 th Grade CD.7.A,B,C UNIT: Finding My Place in the World 4 th Grade CD.8.A. UNIT: The Road to Careerville: Exploring Career Paths... 5 th Grade CD.8.A. UNIT: It's Magic! Understanding...Workers in Various Careers	Combined EI 55, 455 & 459 New Title
4-6	CD.7.A.	Work Satisfies Needs! (3 Lessons)	Work satisfaction is the primary focus of these 3 lessons. Students interview workers to learn about the workers' views of work and working. In addition, students interview each other to discover their own views of work and working. As students interview and are interviewed, they identify academic subjects that help workers do their jobs well.	4 th Grade CD.8.A, B UNIT: The Road to Careerville: Exploring Career Paths and Requirements	Combined: EI 33 & 471 New Title
4-6	CD.7.A Or CD.9.A	Personal Characteristics Guide Career Choices (1 Lesson)	This lesson increases students' awareness of the relationship between personal characteristics and career choices. The Career Pathways framework is used as the organizer for integrating students' knowledge of their personal characteristics into information about the world of work and possible career choices.	4 th Grade CD.9. Unit: Presenting: Me! 5 th Grade CD.8, CD.9. Unit: Your Dream Career	EI 61 New Title
4-6	CD.9.A. (May also be used for AD.4.B)	You Can: Be Successful! (4 Lessons—May be shortened to 1 or 2 lessons) These lessons culminate in a performance event: assuming role of member of advertising team charged with creating a commercial for one of the Habits of Success.	In this series of 4 lessons (may be shortened to 1 or 2 lessons), students learn/re-learn how study and work habits (Habits of Success) make a difference in their success (or lack of success) in school and in the World of Work (WOW). They assess their current level of application and are provided a check-list they may use on a daily basis to monitor their application of the skills. Self-Assessment and Self-advocacy are emphasized throughout the lessons.	4 th Grade CD.9.A, CD.9.B. Unit: Working Together 6 th Grade CD.9.A, CD.9.B. Unit: Evaluating One's Personal, Ethical, Academic and Work Habits	Combined: EI 21 & 27 New Title