**Human Development**

**Unit 8 – Managing Life Transitions**

**Formative Assessment – Reflection**

Throughout the course students will maintain a journal to be used as an assessment of his/her learning of topic discussed. These entries are designed to be given after instruction has been given for each objective. Below is a list of possible writing prompts to be used for each objective.

Obj. 1: What are 3 life transitions that you have faced? How did you deal with them? What are 2 that you expect to experience in your life? How do you think you will deal with them? What can you do now to prepare yourself for these?

Obj. 2: Describe a situation where one developmental area affected another. Was this a positive or negative effect? If negative, what could have been changed to make it positive?

Obj. 3: Identify one family or social support system. In what situation could you use this support system? In what way could it help you? Why would you choose this support system?